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# Zeera

Indian Cuisine

## TAKEAWAY MENU

Free Home Delivery Available

minimum order £10.00 within 3 miles radius

**50% off**

Meals between

6pm - 7.30pm

Sunday to Thursday

EAT IN ONLY £1.50 COVER CHARGE

**020 8523 2164**

**020 8531 4029**

15 Winchester Road, Highams Park, London E4 9LH

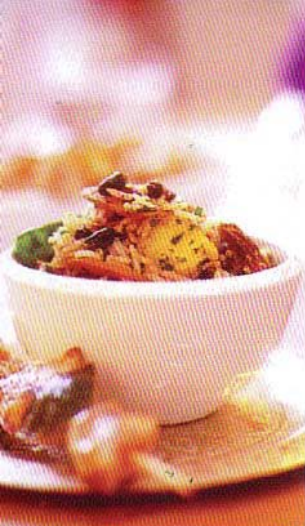
<b>SAMOSA</b> Lamb, chicken or vegetable	£2.25
<b>ONION BHAJI</b>	£1.95
<b>ALOO CHAT</b> Diced boiled potatoes with Chatter masala	£2.50
<b>CHICKEN CHAT</b> Slices of chicken tikka cooked with Chatter masala	£2.95
<b>CHICKEN OR LAMB TIKKA</b>	£2.50
<b>SHEEK, RESHMI OR SHAMI KEBAB</b>	£2.50
Minced lamb with herbs & spice cooked in a clay oven shaped shami kebab fried in butter	
<b>GARLIC MUSHROOMS</b> Baby mushrooms, slightly spiced & garnished with garlic	£2.50
<b>ZEERA SPECIAL PLATTER</b> Mixed with onion bhaji, chicken tikka & lamb tikka	£3.50
<b>PRAWN PUREE</b> Prawns cooked in spicy hot sweet & sour sauce. Served with deep fried bread	£2.95
<b>KING PRAWN &amp; PUREE</b>	£3.95
<b>KING PRAWN BUTTERFLY</b> Delicately spiced King prawn shallow fried with egg & bread-crumbs in butter	£3.50
<b>CHICKEN OR PRAWN PATTIES</b> Diced chicken or prawn lightly spiced, served with pancake	£3.50
<b>DUCK TIKKA</b>	£3.95
<b>TANDOORI CHICKEN</b>	£2.50
<b>TANDOORI KING PRAWN</b> King prawns marinated in special herbs & spices then cooked in the clay oven	£4.50
<b>CHICKEN PAKORA</b>	£2.50
<b>VEGETABLE PAKORA</b>	£1.95
<b>LAMB CHOPS</b>	£3.50
<b>MACHLI KUFTA</b> Stuff with medium spiced tuna fish in green pepper	£3.50
<b>CHEF SPECIAL CHICKEN TIKKA</b>	£3.50
Pieces of chicken tikka cooked with garlic, fresh chilli, green pepper, onion, coriander in a fairly hot	

## TANDOORI SPECIALITIES

Tandoori dishes marinated with herbs and spices, yogurt and lime juice then cooked in the tandoor, served with salad

<b>TANDOORI CHICKEN</b> (half)	£4.95
<b>TANDOORI CHICKEN</b> (full)	£8.95
<b>CHICKEN OR LAMB TIKKA</b>	£4.95
<b>TANDOORI KING PRAWN</b>	£7.95
<b>TANDOORI MIXED GRILL</b> Tandoori chicken, chicken tikka, lamb tikka, sheek kebab & naan bread	£7.95
<b>CHICKEN OR LAMB SHASLICK</b>	£5.95
Lightly spiced chicken or lamb marinated in herbs & spice with tomatoes, onions & capsicum, barbecued in clay oven	
<b>DUCK TIKKA</b>	£6.50
<b>DUCK SHASLICK</b>	£6.95
<b>ZEERA SPECIAL TIKKA</b>	£6.95
Chicken marinated in crushed chillies, spices, yogurt, herbs, garlic and ginger grilled in oven	
<b>STEAK GRILLED</b> Medium spiced	£7.95

## CHEF'S SPECIALITIES



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Chicken cooked with onions, fresh herbs, fresh cream & tomatoes carefully spiced with fresh herbs with a sweet touch	
<b>KATHMANDU MASSALAN</b> (Hot)	<b>£5.95</b>
Marinated chicken, lamb or beef cooked with garlic, ginger and fresh coriander enriched with red chillies	
<b>CHICKEN / LAMB TIKKA KHANDANI</b> (Medium hot)	<b>£5.95</b>
Cooked with green chillies, coriander, aromatic spices and a hint of fresh lime to create a tangy, spicy hot flavour	
<b>CHICKEN OR LAMB MAKHANI</b>	<b>£5.95</b>
Diced chicken barbecued in tandoori, tossed in butter with fresh cream and served with exotic sauce	
<b>JOINTAPURI CHICKEN OR LAMB</b> Chicken tikka cooked with green chillies and lentils	<b>£5.95</b>
<b>JHINGA ROSH</b>	<b>£7.95</b>
King prawn prepared with crushed black peppers, onions, curry leaf, fresh herbs in delicate spicy sauce with a minty flavour	
<b>MURGH NAGA JHOOL</b> Chicken prepared with spice and chilli pickle served hot	<b>£5.95</b>
<b>MURGH PISTA KURMA</b> Chicken pieces in ground pistachio and cream sauce	<b>£5.95</b>
<b>JHINGA PISTA KURMA</b> King prawns in ground pistachio and cream sauce	<b>£7.95</b>
<b>ZEERA SPECIAL KORAH</b>	<b>£5.95</b>
Barbecued chicken, lamb & duck tikka prepared with various spices, ginger, garlic, onion, capsicum served in hot skillet	
<b>VEGETABLE PESHWARI</b>	<b>£4.95</b>
<b>CHICKEN / LAMB PESHWARI</b>	<b>£5.95</b>
A very delightful dish prepared with ground almond, coconut in a yogurt based sauce served in a hot skillet	
<b>CHICKEN / LAMB PASSANDA</b> Lightly spiced with ground nuts and red wine in rich creamy sauce	<b>£5.95</b>
<b>VEGETABLE KARAH</b>	<b>£4.95</b>
<b>CHICKEN / LAMB TIKKA KORAH</b>	<b>£5.95</b>
Pieces of barbecued chicken, lamb prepared with various spices, ginger, garlic, onion, capsicum served in hot skillet	
<b>TANDOORI CHICKEN MASSALAM</b> Cooked with minced meat, ginger, capsicum & tomatoes	<b>£6.95</b>
<b>CHILLI CHICKEN / LAMB</b>	<b>£5.95</b>
<b>GARLIC CHICKEN / LAMB</b>	<b>£5.95</b>
<b>BUTTER CHICKEN</b>	<b>£5.95</b>
<b>CHICKEN / LAMB TIKKA MASSALA</b>	<b>£5.95</b>
<b>VEGETABLE MASSALA</b>	<b>£5.25</b>
<b>TANDOORI KING PRAWN MASSALA</b>	<b>£7.95</b>
<b>DUCK TIKKA MASSALA</b>	<b>£6.95</b>
<b>CHICKEN MULI</b>	<b>£5.95</b>
Spring chicken grilled in tandoor cooked in a sauce, tomatoes & spice with fresh cream	
<b>CHICKEN/LAMB TIKKA JALFREZI</b> Cooked with tomatoes and onions in a hot sauce	<b>£5.95</b>

## HOUSE SPECIAL

<b>KAZANA CHICKEN</b>	<b>£6.25</b>
Long sliced of chicken fried in butter cooked with fresh onion, garlic, green pepper, chillies in medium hot	
<b>SHATKORA CHICKEN OR LAMB</b>	<b>£5.95</b>
Pieces of chicken cooked with fresh onion, garlic and hint fresh satkora to create a tange medium spice flavour	
<b>CHICKEN AMLE</b> (Chicken or meat)	<b>£5.95</b>
Chicken or meat cooked with chefs own recipe with fresh tomato, green pepper, garlic & tamarind sauce	
<b>CHICKEN LEMON GRASS</b>	<b>£5.95</b>
Pieces of chicken or meat cooked with fresh onion, garlic with lemon grass in medium hot	
<b>LEMON CHICKEN</b>	<b>£5.95</b>



Pieces of chicken cooked with green pepper, coriander, green chillies and garnished with fresh lemon in tairy hot

## BALTI SPECIALITY

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<b>REAL SUPREME BALTI</b>	These for Chicken, Lamb, Duck, Fish, in a spicy balti sauce	<b>£5.95</b>
<b>BALTI CHICKEN DELIGHT</b>	Chicken with orange and honey in a sweet and sour sauce	<b>£5.95</b>
<b>MURUG CHANA BALTI</b>	Chicken with chick peas in a medium spicy sauce	<b>£5.95</b>
<b>BALTI SUPREME</b>	Lamb, chicken, prawn and vegetables in a medium spicy sauce	<b>£5.95</b>
<b>CHICKEN / LAMB TIKKA BALTI</b>	Pieces of chicken or lamb cooked in a medium spicy sauce	<b>£5.95</b>
<b>CHANA GOST BALTI</b>	Pieces of lamb cooked with chick peas	<b>£5.95</b>
<b>BALTI DUCK</b>	Off the bone pieces of duckling prepared in spicy sauce	<b>£6.25</b>
<b>ALOO GOST DELIGHT</b>	Tender pieces of lamb cooked with potatoes in a hot rich sauce	<b>£5.95</b>
<b>SAG GOST BALTI</b>		<b>£5.95</b>
<b>KING PRAWN BALTI</b>		<b>£7.95</b>

## OLD TRADITIONAL

<b>CHICKEN/ LAMB CURRY</b>	Medium	<b>£4.50</b>
<b>CHICKEN/ LAMB MADRAS</b>	Hot	<b>£4.50</b>
<b>CHICKEN/ LAMB VINDALOO</b>	Very hot	<b>£4.50</b>
<b>CHICKEN/ LAMB KURMA</b>	Mild	<b>£4.75</b>
<b>CHICKEN/ LAMB DUPIAZA</b>	With chopped onions	<b>£4.50</b>
<b>CHICKEN/ LAMB BHUNA</b>	Dry	<b>£4.50</b>
<b>CHICKEN/ LAMB ROGAN</b>	Garnished with tomatoes	<b>£4.50</b>
<b>CHICKEN/ LAMB SAG</b>	With spinach	<b>£4.50</b>

## BIRIYANI SELECTION

All Dishes Served with Vegetable Curry

<b>ZEERA SPECIAL BIRIYANI</b>	Grilled chicken, lamb and duck tikka mixed in fragrant rice	<b>£6.95</b>
<b>CHICKEN / LAMB TIKKA BIRIYANI</b>		<b>£6.50</b>
<b>VEGETABLE / MUSHROOM BIRIYANI</b>		<b>£4.95</b>
<b>KING PRAWN BIRIYANI</b>		<b>£7.95</b>
<b>PRAWN BIRIYANI</b>		<b>£5.95</b>
<b>DUCK TIKKA BIRIYANI</b>		<b>£6.95</b>
<b>CHICKEN / LAMB BIRIYANI</b>		<b>£5.50</b>

## DANSAK DISHES

These dishes are slightly hot, sweet & sour. Cooked with lentils & Served with rice

<b>CHICKEN / LAMB DANSAK</b>		<b>£5.95</b>
<b>CHICKEN TIKKA / LAMB TIKKA DANSAK</b>		<b>£6.95</b>
<b>VEGETABLE DANSAK</b>		<b>£5.50</b>
<b>PRAWN DANSAK</b>		<b>£6.95</b>
<b>KING PRAWN DANSAK</b>		<b>£7.95</b>

**MURGH SAMUNDRI**

**£5.95**



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## PATHIA DISHES

CHICKEN / LAMB PATHIA	£5.95
CHICKEN TIKKA / LAMB TIKKA PATHIA	£6.95
VEGETABLE PATHIA	£5.00
PRAWN PATHIA	£6.95
KING PRAWN PATHIA	£7.95

## SEAFOOD DISHES

PRAWN VINDALOO / CURRY / BHUNA / ROGAN / MADRAS / KURMA	£4.75
PRAWN SAG Cooked in spinach	£4.95
PRAWN JALFREZI With onion, capsicum and green chillies	£5.25
KING PRAWN VINDALOO Very hot	£6.95
KING PRAWN SAG Cooked with spinach	£6.95
KING PRAWN ROGAN / BHUNA	£6.95
KING PRAWN MADRAS Fairly hot	£6.95
KING PRAWN KORMA Very mild	£6.95
KING PRAWN KORAI King prawn cooked in medium spices in a thick sauce	£7.95
KING PRAWN JALFREZI With onion, capsicum and green chillies	£7.95
KING PRAWN CURRY Medium	£6.95

## FISH SPECIAL

TANDOORI FISH Fresh Trout whole marinated and grilled in Tandoor served with salad	£6.50
FISH FANTASTIC	£7.50
Filled with fish marinated in butter, added to special fish sauce & served with garlic flavoured green veg	
FISH O FISH	£7.95
Fillet steamed & pan fried served with crisp fresh salad & mouth-watering exotic sauce. Served with veg rice	

## VEGETABLE DISHES

BOMBAY ALOO Spicy potato	£2.50
MUTOR PONIR Peas with cheddar cheese	£2.50
PALOK BHAJI Spinach with hint of garlic	£2.50
PALOK PONIR Spinach with cheddar cheese	£2.50
BHINDI BHAJI Ladies finger	£2.50
BRINJAL BHAJI Aubergine	£2.50
TARKA DALL Garlic flavoured lentils	£2.50
MASSALA DALL Spicy lentils	£2.50
CAULIFLOWER / MUSHROOM BHAJI	£2.50
PALOK ALOO BHAJI Spinach with potato	£2.50
ALOO GOBI Potato and cauliflower	£2.50
ALOO BENGAN Potato and aubergine	£2.50





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<b>BOILED RICE</b> Plain basmati rice	£1.75
<b>PILAO RICE</b> Fragrant basmati rice	£1.95
<b>GHEE BAATH</b> Buttery basmati rice	£2.25
<b>SPECIAL FRIED RICE</b> Egg and peas	£2.25
<b>MUSHROOM FRIED RICE</b>	£2.25
<b>PESHWARI RICE</b> Almonds and coconut	£2.25
<b>VEGETABLE RICE</b>	£2.25
<b>KEEMA RICE</b> Basmati with minced lamb	£2.25

## NAAN BREAD

<b>PLAIN NAAN</b>	£1.75
<b>KEEMA NAAN</b>	£1.95
<b>PESHWARI NAAN</b>	£1.95
<b>VEGETABLE NAAN</b>	£1.95
<b>CHEESE NAAN</b>	£1.95
<b>GARLIC NAAN</b>	£1.95
<b>PLAIN PARATHA</b>	£1.95
<b>STUFFED PARATHA</b>	£1.95
<b>PUREE</b>	£1.00
<b>TANDOORI ROTI</b>	£1.50
<b>CHAPATI</b>	£0.95
<b>PLAIN OR SPICY PAPADUM</b>	£0.50

Spend over £20.00 get Bottle of Cobra | Spend over £25.00 get Bottle of Wine

## SET MEAL

FOR ONE PERSON £9.95

### STARTER

ONION BHAJI

### MAIN COURSE

CHICKEN BHUNA

### SIDE ORDERS

BOMBAY ALOO, PILAO RICE OR NAAN BREAD

FOR TWO PERSON £19.95

### STARTER

CHICKEN TIKKA, SHEEK KEBAB

### MAIN COURSE

CHICKEN TIKKA MASSALA, CHICKEN JALFREZI

### SIDE ORDERS

ALOO GOBI, PILAO RICE, SPECIAL FRIED RICE  
AND GARLIC NAAN

We have been awarded the supreme award of distinction for excellence by the **GOOD EATING GUIDE 2006**