

## Chop Suey

90	Special Chop Suey	£4.20
91	Chicken Chop Suey	£4.00
92	King Prawn Chop Suey	£4.80
93	Beef Chop Suey	£4.10
94	Roast Pork Chop Suey	£4.00

## Foo Yong – Omelette

95	Special Foo Yong	£4.00
96	Chicken Foo Yong	£4.00
97	King Prawn Foo Yong	£5.10
98	Roast Pork Foo Yong	£4.00
99	Mushroom Foo Yong	£3.80

## Tofu Dishes

100	Ma Po Tofu	£4.60
101	Fried Tofu with Vegetables	£4.30
102	Stuffed Bean Curd with Minced Prawn and Chicken with Chilli in Black Bean Sauce	£5.20
103	Stuffed Bean Curd with Minced Prawn and Chicken in Oyster Sauce	£5.20
104	Tofu Szechuan Style	£4.60

## Vegetarian Dishes

105	Monk Vegetables	£4.00
106	Stir Fried Mixed Vegetables	£3.50
107	Fried Bean Spouts with Garlic	£3.50
108	Stir Fried Mushrooms	£3.50
109	Chinese Mushrooms with Bamboo Shoots	£3.80

## Rice, Noodles & Sauces

110	Wo Ping Special House Rice	£5.10
111	Special Fried Rice	£3.90
112	King Prawn Fried Rice	£4.70
113	Chicken Fried Rice	£3.80
114	Beef Fried Rice	£3.80
115	Mushroom Fried Rice	£3.30
116	Egg Fried Rice	£2.80
117	Plain Boiled Rice	£2.40
118	Wo Ping Special House Noodles	£5.10
119	Special Chow Mein (Noodles)	£4.40
120	King Prawn Chow Mein (Noodles)	£4.80
121	Chicken Chow Mein (Noodles)	£4.10
122	Beef Chow Mein (Noodles)	£4.10
123	Roast Pork Chow Mein (Noodles)	£4.10
125	Vegetarian Chow Mein (Noodles)	£3.60

## Rice, Noodles & Sauces cont.

126	Plain Chow Mein	£3.60
124	Wo Ping Special House Ho Fun	£5.10
125	Fried Beef with Ho-Fun	£4.50
126	Singapore Rice Noodles (vermicelli)	£4.30
127	Sweet and Sour Sauce	£1.50
128	Curry Sauce	£1.50
129	Chips	£1.80

## Desserts

130	Toffee	£2.50
	(a) Banana or (b) Apple	
131	Fritters	£2.50
	(a) Banana or (b) Apple or (c) Pineapple	

Please do not hesitate to ask for any dishes which are not specified on the menu

## Special Set Menus

<b>Set Menu 1a</b> - One Person Meal	£6.50
Vegetable Spring Rolls	
Chicken in Black Bean Sauce	
Egg Fried Rice	

<b>Set Menu 1b</b> - One Person Meal	£6.50
Sweet and Sour Chicken Hong Kong Style	
Plain Chow Mein	

<b>Set Menu A</b> - Two Persons or more	.....per person £12.00
Sesame Prawn Toast	
Seaweed	
Spring Rolls	
Crispy Aromatic Duck	
Chicken with Chinese Mushroom and Bamboo Shoots	
Sweet and Sour Pork Hong Kong Style	
Beef with Chilli and Black Bean Sauce	
Special Fried Rice	

<b>Set Menu B</b> - Two Persons or more	.....per person £13.00
Mixed Hor d'Oeuvres	
Crispy Aromatic Duck	
Sweet and Sour King Prawn Hong Kong Style	
Chicken Szechuan Style	
Beef with Oyster Sauce	
Special Fried Rice	

# WO PING

Chinese Restaurant & Take Away

Fully Licensed

## TAKE AWAY MENU

OPEN 7 DAYS A WEEK

12noon - 2:30pm

5:30pm - 11:00pm

Bank Holidays

5:30 - 11:00pm

和平館

Telephone:

## 020 8529 7655

Free Delivery Within a 3 Mile Radius

Minimum Spend £15.00

All Major Credit Cards Accepted

Prices Commence April 2011

218 Chingford Mount Road E4 8JL

## Appetisers

1	Mixed Hor d'Oeuvres	per person	£5.60
	(Minimum Two Persons) Seaweed, Spring Rolls, Spare Ribs, Satay Chicken and Sesame Prawn on Toast		
2	Crispy Seaweed		£3.50
3	Vegetarian Spring Rolls (6)		£2.20
4	Spring Rolls (2)		£2.50
5	Smoked Shredded Chicken		£4.20
6	Barbecue Spare Ribs (Dry)		£4.80
7	Spare Ribs with Capital Sauce		£5.00
8	Spare Rib Pieces with Spicy Chilli Salt		£5.00
9	Satay King Prawn Skewers (4)		£5.30
10	Satay Chicken Skewers (4)		£4.80
11	Satay Beef Skewers (4)		£4.80
12	Sesame Prawn Toast		£4.20
13	Butterfly King Prawns		£5.40
14	Deep Fried Squid		£5.10
	Served with Sweet and Sour Sauce		
15	Fried Squid with Spicy Chilli Salt		£5.10
16	Fried King Prawns with Spicy Chilli Salt		£5.40
17	Deep Fried Won Ton		£3.80
	Served with Sweet and Sour Sauce		
18	Grilled Pork Dumplings Peking Style (6)		£4.00
19	Fried Chicken Wings with Spicy Chilli Salt		£4.10
20	Fried Chicken Wings with Capital Sauce		£4.10

## Soup

21	Hot and Sour Soup		£2.40
22	Chicken Sweetcorn Soup		£2.40
23	Crab Meat and Sweetcorn Soup		£2.50
24	Won Ton Soup		£2.50

## Wraps

25	Crispy Aromatic Duck	Quarter	£7.20
	Served with Spring Onion, Cucumber and Pancakes	Half	£14.00
		Whole	£26.00
26	San Chol Bao		£5.20
	Minced Prawn, Pork, Mushroom and Water Chestnut Served with Lettuce		
27	Crispy Aromatic Lamb		£5.50
	Served with Lettuce and Plum Sauce		

## Duck Dishes

28	Roast Duck with Chilli in Black Bean Sauce	£5.20
29	Roast Duck with Ginger and Spring Onion	£5.20
30	Roast Duck Cantonese Style	£5.20
31	Roast Duck with Ginger and Pineapple	£5.20
32	Roast Duck with Mushrooms	£5.20

## Prawn Dishes

33	King Prawn with Chilli in Black Bean Sauce	£5.20
34	King Prawn with Ginger and Spring Onion	£5.20
35	Sweet and Sour King Prawn Hong Kong Style	£5.20
36	Sweet and Sour King Prawn Balls	£5.20
37	King Prawn Kung Po Style	£5.20
38	King Prawn with Mixed Vegetables	£5.20
39	Stir Fried King Prawns with Mushrooms	£5.20
40	King Prawn Szechuan Style	£5.20
41	King Prawn in Garlic Sauce	£5.20
42	Honey King Prawn with Sesame Seeds	£5.20
43	King Prawn Hot and Spicy Thai Style	£5.20
44	Grilled King Prawn Peking Style	£5.20
45	King Prawn with Cashew Nuts in Yellow Bean Sauce	£5.20

## Special Dishes

46	Lamb with Ginger and Spring Onion	£4.80
47	Chicken and Beef	£4.80
48	Scallop with Chilli in Black Bean Sauce	£5.80
49	Scallop with Ginger and Spring Onion	£5.80
50	Deep Fried Crispy Oysters	£5.20
	Served with Sweet and Sour Sauce	
51	Stir Fried Mixed Seafood	£5.30

## Chicken Dishes

52	Chicken with Chilli in Black Bean Sauce	£4.30
53	Chicken with Ginger and Spring Onion	£4.30
54	Sweet and Sour Chicken Hong Kong Style	£4.30
55	Sweet and Sour Chicken Balls	£4.30
56	Chicken Kung Po Style	£4.30
57	Chicken with Mixed Vegetables	£4.30
58	Chicken with Mushroom	£4.30
59	Chicken with Bamboo Shoots and Chinese Mushrooms	£4.30

## Chicken Dishes cont.

60	Chicken Szechuan Style	£4.30
61	Chicken in Breadcrumbs	£4.30
	Served with Sweet and Sour Sauce	
62	Lemon Chicken	£4.30
63	Chicken with Pineapple	£4.30
64	Chicken and Cashew Nuts in Yellow Bean Sauce	£4.30
65	Chicken Hot and Spicy Thai Style	£4.30
66	Grilled Chicken Peking Style	£4.30
67	Chicken Chinese Style	£4.30

## Pork Dishes

68	Roast Pork with Chilli and Black Bean Sauce	£4.30
69	Sweet and Sour Pork Hong Kong Style	£4.30
70	Roast Pork with Ginger and Spring Onion	£4.30
71	Roast Pork with Mixed Vegetables	£4.30
72	Chinese Roast Pork with Mushroom	£4.30
73	Chinese Roast Pork Char Siu	£4.30

## Beef Dishes

74	Beef with Chilli in Black Bean Sauce	£4.50
75	Beef with Ginger and Spring Onion	£4.50
76	Beef with Mixed Vegetables	£4.50
77	Beef with Mushroom	£4.50
78	Beef with Bamboo Shoots and Chinese Mushrooms	£4.50
79	Beef Szechuan Style	£4.50
80	Crispy Shredded Beef with Chilli	£4.50
81	Beef with Oyster Sauce	£4.50
82	Beef Mongolian Style with Cashew Nuts	£4.50
83	Beef Hot and Spicy Thai Style	£4.50

## Curry Dishes

84	Special Curry	£4.60
85	Chicken Curry	£4.20
86	Beef Curry	£4.40
87	King Prawn Curry	£5.10
88	Mushroom Curry	£4.00
89	Vegetable Curry	£3.80