

PASSANDA DISHES (Mild)

A delightful dish prepared with aromatic creamy sauce & red wine

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| 86. CHICKEN OR LAMB TIKKA PASSANDA..... | 7.50 |
| 87. PRAWN PASSANDA..... | 5.95 |
| 88. KING PRAWN PASSANDA..... | 8.95 |
| 89. VEGETABLE PASSANDA..... | 4.50 |



VEGETABLE SIDE DISHES



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|------------------------------------------|------|-----------------------------|------|
| 90. MIXED VEGETABLE CURRY..... | 2.25 | 101. MOTOR PONIR..... | 2.95 |
| 91. MIXED VEGETABLE BHAJI..... | 2.25 | <i>Peas and Cheese</i> | |
| 92. BOMBAY POTATO..... | 2.25 | 102. CHANA MASALA..... | 2.25 |
| 93. MUSHROOM BHAJI..... | 2.25 | <i>Chickpeas</i> | |
| 94. SAAG BHAJI <i>Spinach</i> | 2.25 | 103. DAL MASALA..... | 2.25 |
| 95. CAULIFLOWER BHAJI..... | 2.25 | <i>Curried Lentil</i> | |
| 96. BRINJAL BHAJI <i>Aubergine</i> | 2.25 | 104. TARKA DAL..... | 2.25 |
| 97. BHINDI BHAJI <i>Okra</i> | 2.25 | <i>Lentil with Garlic</i> | |
| 98. ALOO GOBI..... | 2.25 | 105. DAL SAMBER..... | 2.25 |
| <i>Potato and Cauliflower</i> | | <i>Lentil and Vegetable</i> | |
| 99. SAAG ALOO..... | 2.25 | | |
| <i>Spinach and Potato</i> | | | |
| 100. SAAG PONIR..... | 2.95 | | |
| <i>Spinach and Cheese</i> | | | |



BIRYANI DISHES

Chicken or lamb or prawns are treated together in basmati pilau rice and combination of biryani spices. Serve with fresh vegetable curry sauce

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| 106. TANDOORI MIX BIRYANI..... | 8.95 |
| <i>Tandoori Chicken, Lamb Tikka, King Prawn Options Available</i> | |
| 107. CHICKEN OR LAMB BIRYANI..... | 5.95 |
| 108. CHICKEN OR LAMB TIKKA BIRYANI..... | 6.50 |
| 109. PRAWN BIRYANI..... | 5.95 |
| 110. KING PRAWN BIRYANI..... | 8.95 |
| 111. ORIENTAL MIXED BIRYANI..... | 6.95 |
| <i>Consists of chicken, lamb & prawn based curry sauce</i> | |
| 112. MIXED VEGETABLE OR MUSHROOM BIRYANI..... | 4.95 |



ENGLISH DISHES

Served with fried tomato, mushroom, green peas and chips

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| 113. FRIED CHICKEN..... | 4.95 |
| 114. CHICKEN & PRAWN OMELETTE..... | 4.95 |
| 115. CHICKEN NUGGETS..... | 4.95 |
| 116. PLAIN OMELETTE..... | 3.15 |
| 117. MUSHROOM OMELETTE..... | 4.25 |
| 118. CHIPS..... | 1.50 |
| 119. WHOLE ROAST CHICKEN..... | 6.95 |

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RICE

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|-------------------------------|------|-------------------------------|------|
| 120. PLAIN RICE..... | 1.70 | 126. ORIENTAL FRIED RICE..... | 2.95 |
| <i>Steamed Basmati Rice</i> | | 127. SHAHI PILAU RICE..... | 2.25 |
| 121. PILAU RICE..... | 1.95 | 128. VEGETABLE RICE..... | 2.50 |
| <i>Buttered Rice</i> | | 129. KEEMA PILAU RICE..... | 2.25 |
| 122. SPECIAL FRIED RICE..... | 2.25 | 130. GARLIC RICE..... | 2.25 |
| 123. MUSHROOM FRIED RICE..... | 2.25 | 131. PRAWN FRIED RICE..... | 2.95 |
| 124. EGG FRIED RICE..... | 2.25 | 132. LEMON RICE..... | 2.25 |
| 125. COCONUT RICE..... | 2.25 | | |

NAAN & OTHER BREADS

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| 133. PLAIN NAAN..... | 1.65 | 141. BALTI NAAN..... | 1.95 |
| 134. KEEMA NAAN..... | 1.95 | 142. TANDOORI ROTI..... | 1.55 |
| 135. PESHWARI NAAN..... | 1.95 | <i>Baked in oven</i> | |
| 136. STUFFED NAAN..... | 1.95 | 143. PARATHA..... | 1.80 |
| <i>With Vegetable</i> | | 144. VEGETABLE PARATHA..... | 1.95 |
| 137. CHEESE NAAN..... | 2.50 | 145. KEEMA PARATHA..... | 2.50 |
| 138. GARLIC NAAN..... | 1.95 | 146. EGG PARATHA (Mugli)..... | 2.00 |
| 139. KULCHA NAAN..... | 1.95 | 147. CHAPATI..... | 0.90 |
| <i>With Onion</i> | | 148. PURI..... | 0.95 |
| 140. CHILLIE NAAN..... | 1.95 | | |

SAUCE DIPS & SALAD

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|-----------------------------------------------------------------|------|
| 149. CURRY MADRAS OR VINDALOO SAUCE..... | 1.50 |
| 150. KORMA, MASALA, DANSAK OR BALTI SAUCE..... | 2.50 |
| 151. MINT SAUCE, MANGO CHUTNEY LIME PICKLE OR MIXED PICKLE..... | 0.50 |
| 152. GREEN SALAD..... | 2.00 |
| 153. ONION SALAD..... | 0.50 |
| 154. RAITHA (Onion, Cucumber Mix)..... | 2.00 |

SET MEALS SPECIAL DEALS

You can change any dish of your choice for a similar price

For one.....9.95

Papadom, sheek kebab (starter)

Chicken tikka masala, Bombay potato, pilau rice & naan bread.

For two.....19.95

Papadom chicken tikka sheek kebab

Chicken tikka masala, lamb bhuna mush bhaji mixed vegetable curry pilau rice (two) & naan bread

For four.....39.95

Papadom prawn puri tandoori chicken lamb tikka & sheek kebab (starter)

Chicken tikka masala king prawn jhalfrezi lamb passanda prawn bhuna

mushroom bhaji Bombay potato

Special fried rice (two) keema naan & naan bread.

Vegetarian for two.....16.95

Papadom vegetable samusa onion bhaji (starter)

Mixed vegetable curry vegetable dupiaza, saag ponir pilau rice (two) & naan bread



**65 Old Church Road
Chingford
London E4 6ST
020 8523 9799**

INDIAN CUISINE

THE MOUNT

Indian Cuisine

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Take Away Menu

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10% off

On orders over £10 on collection

Free

Bottle of Soft Drink

on orders over £20 on delivery

Bottle of House Wine

on all orders over £30 on delivery

Happy Hour

Half Price Meal

Mon-Thurs 5.30 to 8.30pm

£1 Service Charge

Sunday Special Buffet

6 Course Meal Only £6.95

Child under 12 years £3.95

Under 5 years FREE

Order From Main Menu

King Prawn from £2 Extra

Opening Hours

7 days a week including Bank Holidays

Sunday - Thursday: 5.30pm till 12 midnight

Friday & Saturday: 5.30pm till 12.30am

**65 Old Church Road
Chingford
London E4 6ST**

STARTERS

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|---------------------------------------------------------------------------------------------|--------------------------------------------------|
| 1. PAPADUM.....0.50 | 9. SOUP1.90 |
| 2. SAMOSA (3 pieces).....2.50 | Tomato, Malagatawri, Dall,
Mushroom & Chicken |
| 3. ONION BHAJEE (3 pieces) 2.20 | 10. CHICKEN OR |
| 4. FISH KABAB.....3.50 | VEGETABLE PAKURA2.95 |
| Fish mixed with spices & fried
with butter | 11. TANDOORI CHICKEN.....2.95 |
| 5. CHICKEN OR LAMB MOMO 3.95 | On the bone ¼ chicken |
| Chicken or meat mince cooked
with tasty herbs & spices rolled
with butter fried bread | 12. GARLIC MUSHROOM.....2.95 |
| 6. CHICKEN OR LAMB TIKKA ..2.95 | 13. CHICKEN OR ALOO CHATE 2.95 |
| 7. SEEK, SAMI | 14. PRAWN PUREE2.95 |
| or RESMI KABAB2.95 | 15. PRAWN COCKTAIL.....2.95 |
| 8. KABAB PLATTER3.50 | 16. KING PRAWN BUTTERFLY 3.50 |
| Chicken, Lamb Tikka & Sheek
Kabab | 17. KING PRAWN PUREE4.50 |
| | 18. TANDOORI KING PRAWN 5.50 |
| | 19. KING PRAWN GREEN DHOM..5.50 |
| | 20. ALOO CHOP2.25 |



TANDOORI SPECIALS (Main Dishes)

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| 21. CHICKEN OR LAMB TIKKA..... 4.95 |
| 22. TANDOORI CHICKEN (on the bone) ½ (two pieces)..... 4.95 |
| 23. CHICKEN OR LAMB SASLIK 6.50 |
| Chicken marinated in yogurt and skewered in a traditional oven |
| 24. TANDOORI MIXED GRILL WITH NAAN BREAD..... 7.50 |
| Chicken, lamb tikka, sheek kabab, & tandoori chicken |
| 25. TANDOORI KING PRAWN 8.95 |
| King prawn marinated in yogurt with spice herbs barBQ in oven |
| 26. SPECIAL MIXED KABAB WITH NAAN BREAD..... 8.95 |
| Consists of chicken, lamb tikka and king prawn |
| 27. CHICKEN OR LAMB SIZZLER NAWABI 7.95 |
| Meat cooked with ginger, green pepper and herbs |
| 28. KING PRAWN NAWABI..... 8.95 |
| Meat cooked with ginger green pepper herbs and served with fired brandy |
| 29. TANDOORI LAMB CHOPS 6.50 |
| 30. TANDOORI FISH 6.50 |
| Boneless Fish Cooked In Tandoori Oven |



FISH DISHES

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| 31. KHANDANI MUCHLEY (Fairly Hot)..... 7.50 |
| Salmon fish prepared with tender hot spices and tomato |
| 32. MUCHLEY JHALFREZI (Fairly Hot) 7.50 |
| Diced pieces of salmon fish prepared with onion, fresh green chilli, green paper & tomato in a thick sauce |
| 33. MUCHLEY BALTI (Medium to Hot)..... 7.50 |
| Salmon fish cooked in fresh green herbs & spices in a highly blended special Balti sauce |

BALTI DISH

The aromatic Balti dish is prepared with fresh green herbs with touch of garlic, ginger, tomato and fresh coriander served with Nan Bread

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| 34. CHICKEN OR LAMB BALTI 5.95 |
| 35. CHICKEN OR LAMB TIKKA BALTI..... 6.95 |
| 36. PRAWN BALTI..... 5.95 |
| 37. KING PRAWN BALTI..... 8.95 |
| 38. TANDOORI MIXED BALTI (Chicken Tikka, Lamb tikka & Shish Kebab) 7.95 |



HOUSE SPECIAL DISHES

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| 39. CHICKEN OR LAMB TIKKA MASSALA (Medium or mild) 6.50 |
| Marinated chicken or lamb barbecued in clay oven then further cooked with massala sauce |
| 40. MURGI MASSALA (MILD or Medium) 6.95 |
| Spring chicken on the bon or off the bon cooked with mincemeat, green paper, onion tomato |
| 41. CHICKEN MAKHANI (MILD) (Butter Chicken) 6.50 |
| Barbequed spring chicken cooked in special yoghurt based mild sauce, along with butter, coconut, almonds and fresh cream |
| 42. TANDOORI CHEF'S SPECIAL (MILD) 7.50 |
| Diced chicken tikka cooked with fresh green herbs & spicy creamy sauce and brandy |
| 43. MANGO CHICKEN (MILD) 7.50 |
| Large pieces of breast chicken cooked with mild spicy sauce garnished with herbs and sliced mango |
| 44. TANDOORI KING PRAWN MASSALA (MEDIUM OR MILD) 8.95 |
| Same as above massala |
| 45. ZEERA CHICKEN OR LAMB (MEDIUM) 6.50 |
| Chicken or lamb tikka cooked with fried cumin seeds in special yoghurt based spicy sauce |
| 46. GARLIC CHICKEN OR LAMB (MEDIUM) 6.50 |
| Chicken or lamb tikka cooked with lots of garlic and different Indian spices |
| 47. REZALA CHIKEN OR LAMB 6.50 |
| Chicken or lamb tikka cooked with fresh yoghurt, capsicum, tomato, and green herbs |
| 48. THABAK CHICKEN KHYBER..... 7.50 |
| Cooked with chef's special spicy sauce |
| 49. ACHARI CHICKEN OR LAMB (FAIRLY HOT) 6.50 |
| Chicken or lamb tikka cooked with mixed pickle & lots of medium Indian spices |
| 50. CHICKEN OR LAMB CHILLI MASSALA (FAIRLY HOT) 6.50 |
| Chicken or lamb tikka cooked with special massala sauce & fresh green chilli |
| 51. HUNDI CHICKEN OR LAMB (MEDIUM) 7.50 |
| Chicken or lamb tikka cooked with special tandoori massala sauce, garlic, ginger tomato |
| 52. GINGER CHICKEN OR LAMB (MEDIUM) 6.50 |
| Chicken or lamb tikka cooked with lots of ginger, green paper, tomato & lots of medium spices |
| 53. SPECIAL CHICKEN OR LAMB MULI (MILD)..... 6.50 |
| Marinated Chicken & Lamb Barbecued in Clay Oven. Further Cooked with mild Chef's Special Sauce & Boiled egg |
| 54. EGG POTATO DELIGHT (MEDIUM) 5.95 |
| 2 Boiled egg Cooked with Potatoes Capsicum / Green chillies & Other Green Herbs |
| 55. NAGA CHICKEN OR LAMB (VERY HOT)..... 6.50 |
| Cooked with Naga chillies Aromatic & Lots of other spice |
| 56. KEEMA PEAS BHUNA (MEDIUM) 5.95 |
| Minc'd Meat Cooked with Capsicum/ Onion, Green Herbs & Boiled Egg |
| 57. TANGA LAMB OR CHICKEN (MEDIUM) 6.50 |
| Chicken or Lamb Cooked with Sweet Tamarind & green Herbs |
| 58. HONEY CHICKEN OR LAMB TIKKA (VERY MILD) 6.50 |
| Cooked with honey & Green Herbs |

KORAI DISHES (Medium)

- An exotic dish cooked with capsicum, tomato, fresh green herbs and medium spices
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| 59. CHICKEN OR LAMB TIKKA KORAI..... 6.50 |
| 60. PRAWN KORAI 5.95 |
| 61. KING PRAWN KORAI 8.95 |
| 62. VEGETABLE KORAI 4.50 |

JHALFREZI DISHES (Fairly Hot)

- An exotic dish prepared with combination of fresh blended herbs and spices along with fresh chilli, capsicum and onion & tomato
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|------------------------------------------------|
| 63. CHICKEN OR LAMB TIKKA JHALFREZI 6.50 |
| 64. PRAWN JHALFREZI 5.95 |
| 65. KING PRAWN JHALFREZI..... 8.95 |
| 66. VEGETABLE JHALFREZI..... 4.50 |

TRADITIONAL CURRY DISHES

- | | VEGETABLE | CHICKEN | LAMB | C/L | PRAWNS | KING |
|---------------------------------------------------------------|-----------|---------|------|-------|--------|-------|
| | | | | TIKKA | | PRAWN |
| 67. CURRY (medium)..... 3.50 | 3.95 | 4.15 | 6.50 | 4.45 | 7.50 | |
| Cooked in Tomato & Onion sauce | | | | | | |
| 68. KORMA..... 3.95 | 4.95 | 4.95 | 6.50 | 4.95 | 7.95 | |
| Cooked in a Very Very Mild & Creamy Sauce | | | | | | |
| 69. BHUNA..... 3.95 | 4.60 | 4.75 | 6.50 | 4.95 | 7.50 | |
| Dryish, Medium Spicy Authentic Dish | | | | | | |
| 70. ROGAN..... 3.95 | 4.65 | 4.85 | 6.50 | 4.95 | 7.50 | |
| Medium Spicy Garnished with Cooked Ripest Tomatoes | | | | | | |
| 71. DUPIAZA..... 3.95 | 4.65 | 4.85 | 6.50 | 4.95 | 7.50 | |
| Medium Spicy Cooked with Chopped Onions & Green capsicum | | | | | | |
| 72. MADRAS (fairly hot) 3.50 | 4.10 | 4.25 | 6.50 | 4.50 | 7.50 | |
| 73. VINDALOO (very hot) 3.25 | 4.15 | 4.35 | 6.50 | 4.50 | 7.50 | |
| 74. CEYLON..... 3.95 | 4.65 | 4.85 | 6.50 | 4.70 | 7.50 | |
| Fairly Hot Cooked with Coconut | | | | | | |
| 75. DANSAK..... 4.95 | 5.95 | 5.95 | 6.95 | 5.95 | 8.95 | |
| Sweet, Sour & Hot Cooked with Lentils, Served with Pilau Rice | | | | | | |
| 76. PATHIA 4.95 | 5.95 | 5.95 | 6.95 | 5.95 | 8.95 | |
| Sweet, Sour & Hot, Served with pilau Rice | | | | | | |
| 77. SAAG (medium) 4.50 | 5.00 | 5.15 | 6.50 | 4.95 | 7.95 | |
| Medium Spicy, Cooked with Spinach | | | | | | |
| 78. MUSHROOM (medium)..... 4.50 | 5.00 | 5.50 | 6.50 | 4.95 | 7.95 | |
| 79. SALI (medium) 4.50 | 4.65 | 4.85 | 6.50 | 4.70 | 7.50 | |
| 80. PHAL (EXTREMELY HOT)..... 4.50 | 5.95 | 5.95 | 6.95 | 5.95 | 7.95 | |



KASHMIRI (with banana) or MALAYAN (Pineapple)

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| 81. CHICKEN OR LAMB Kashmiri or Malayan 4.95 |
| 82. CHICKEN OR LAMB TIKKA Kashmiri or Malayan..... 6.50 |
| 83. PRAWN Kashmiri or Malayan..... 4.95 |
| 84. KING PRAWN Kashmiri or Malayan..... 7.95 |
| 85. VEGETABLE Kashmiri or Malayan..... 3.95 |