

## DANSAK / PATHIA DISH (SERVED WITH PILAU RICE)

These dishes are medium cooked with lentils, slightly sweet and sour.  
Pathia dishes are cooked without lentils

CHICKEN 6.50 • LAMB 6.50 • PRAWN 6.95 •  
KING PRAWN 8.25 • VEGETABLES 5.25 •  
CHICKEN TIKKA 7.25

## CURRY DISH

|               | CURRY | MADRAS | VINDALOO |
|---------------|-------|--------|----------|
| CHICKEN TIKKA | 5.40  | 5.50   | 5.60     |
| CHICKEN       | 4.40  | 4.50   | 4.60     |
| LAMB          | 4.40  | 4.50   | 4.60     |
| PRAWN         | 5.25  | 5.35   | 5.45     |
| KING PRAWN    | 6.95  | 7.05   | 7.15     |
| VEGETABLES    | 3.95  | 4.05   | 4.15     |

## KORMA DISH

Very mild dish cooked in a rich sauce of almonds, coconut and fresh cream

CHICKEN 4.95 • LAMB 4.95 • PRAWN 5.95 •  
KING PRAWN 7.45 • VEGETABLES 3.95 •  
CHICKEN TIKKA 5.95

## DUPIAZA / BHUNA DISH

Bhuna dishes are spicy, medium hot and duplaza dishes are cooked with extra onion and green pepper (semi dry)

CHICKEN 4.95 • LAMB 4.95 • PRAWN 5.95 •  
KING PRAWN 7.50 • VEGETABLES 3.95 •  
CHICKEN TIKKA 5.95

## ROGAN DISH

Medium hot, well spiced, cooked in butter and garnished with tomatoes and green pepper

CHICKEN 4.95 • LAMB 4.95 • PRAWN 5.95 •  
KING PRAWN 7.50 • VEGETABLES 3.95 •  
CHICKEN TIKKA 5.95

## VEGETABLE MAIN DISH

DAHI BAINGON 4.50 • MIXED VEGETABLES  
JALFREZI 4.50 • GARLIC MUSHROOM 4.50  
• KORAI BHINDI 4.50 • PANEER KORAI 5.95 •  
VEGETABLE AAMDIIYA 5.95

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### VEGETABLE SIDE DISH AT 2.50

GObI GULISTAN (cauliflower and peas) • CHANA MASALA (chickpeas) • MIXED VEGETABLES CURRY OR BHAJI • BRINJAL BHAJI • SAG BHAJI • BHINDI BHAJI BOMBAY POTATOES • DHAL TARKA • MUSHROOM BHAJI • CAULIFLOWER BHAJI • SAG ALOO • SAG PANEER OR MUTTER PANEER 2.95

## RICE DISH

PILAU RICE 1.75 • BOILED RICE 1.60 •  
MUSHROOM RICE 2.25 • CORIANDER RICE 2.25 •  
COCONUT RICE 2.25 • KEEMA RICE 2.50

## BREAD

NAN 1.45 • KEEMA NAN 1.75 • PESHWARI NAN 1.75 •  
GARLIC NAN 1.75 • LACHA PARATHA 1.75 • ALOO PARATHA 1.75 • CHAPATTI 90P • TANDOORI ROTI 1.20 • SPECIAL NAN 1.95 • SPECIAL PARATHA 1.95

## CONDIMENTS

PAPADOM 50P • MASALA PAPADOM 50P  
RAITHA 1.30 • CHUTNEY (Per portion 25P)

## DRINKS

CAN (Coke, Diet Coke) £0.60  
BOTTLE (Coke, Diet Coke) £1.75

## SET MEALS

### VEGETABLE SET MEAL FOR 1

Any starters, 1 Main dish, 1 Side dish, 1 Pilau Rice & 1 Naan  
**£9.95 (excludes other offers)**

### SET MEAL FOR 1

Starters: Onion Bhaji, Chicken Tikka Massala, Bombay Aloo, Pilau Rice, Naan, **£10.95 (excludes other offers)**

### SET MEAL FOR 2

Starters: 1 Chicken Tikka, Onion Bhaji  
Main Dish: 1 Chicken Tikka Massala, Lamb Bhuna  
Side Dish: 1 Sag Aloo,  
2 Pilau Rice, 2 Naan,  
**£17.95 (excludes other offers)**

# Spice e4

BANGLADESHI & INDIAN TAKEAWAY

### TELEPHONE:

020 8523 1362 / 020 8523 1700

### ORDER FOOD ONLINE

www.spiceE4-justeat.co.uk

### TAKE AWAY MENU

FREE HOME DELIVERY SERVICE AVAILABLE

### FREE VEGETABLE SIDE DISH

(WITH EVERY ORDER OVER £15.00)

### 20% OFF SPECIAL OPENING OFFER

SUN - THURS EXCLUDING BANK HOLIDAY  
FOR LIMITED PERIOD ONLY

### FREE PAPADOM, ONION SALAD & MINT SAUCE WITH EVERY ORDER

Pl. mention these offers when ordering by phone.  
Only one offer per order



All Major Cards accepted by phone

OPENS 7 DAYS A WEEK INCLUDING BANK HOLIDAYS

SUNDAY - THURSDAY: 5.00PM TILL 11.00PM

FRIDAY - SATURDAY 5.00PM TILL 11.30PM

487 Hale End Road, Highams Park, London E4 9PT

Associate restaurants including The Coriander Buckhurst Hill

## TO START

|  |      |
|--|------|
| ☞ BOMBAY MIRCH .....   | 3.50 |
| Bell pepper stuffed with vegetables, sliced chicken, green chilli and cheese, baked in the tandoor |      |
| ☞ PANEER TIKKA .....   | 2.95 |
| Spicy home-made cheese cooked in the tandoor   |      |
| ☞ SPICE E4 SPECIAL .....   | 3.50 |
| Chicken Tikka, Lamb Tikka, Onion Bhaji and Hara Kebab  |      |
| ☞ ADHA JHINGA .....  | 4.95 |
| Jumbo prawns pickled in garlic, ginger, fenugreek and lemon juice, baked in tandoor                |      |
| ☞ HARA KEBAB .....   | 2.95 |
| Spinach and potatoes stuffed with cottage cheese, roasted cashew nuts, served with dry fenugreek   |      |
| ☞ JHAL PURI .....  | 2.95 |
| Small diced chicken tikka cooked in a fairly hot sauce—served on a puri                            |      |
| ☞ CHICKEN OR LAMB TIKKA .....  | 2.75 |
| Chicken or lamb tikka marinated overnight and cooked in the tandoor                                |      |
| ☞ TANDOORI CHICKEN .....   | 2.75 |
| 1/4 spring chicken marinated in traditional spices and cooked in tandoor                           |      |
| ☞ LAMB CHOPS .....   | 3.25 |
| Tender baby lamb chops marinated overnight and cooked in a very classical taste                    |      |
| ☞ SHEEK KEBAB .....  | 2.75 |
| Minced lamb mixed with various herbs and spices skewered and grilled in the tandoor                |      |
| ☞ PRAWN PATHIA PURI .....  | 3.25 |
| Small prawn cooked in sweet and sour sauce—served on a puri  |      |
| ☞ KING PRAWN PATHIA PURI .....   | 4.25 |
| ☞ ONION BHAJI .....  | 1.90 |
| ☞ SAMOSA (vegetable or meat) .....   | 1.90 |
| ☞ KING PRAWN BUTTERFLY .....   | 3.95 |
| ☞ SHAMI KEBAB .....  | 2.75 |
| ☞ RESHMI KEBAB .....   | 2.75 |

**FREE Home Delivery service**

**3 miles radius, min. order £10.00**

**20% Discount on Collection**

on order over £10.00 - sun to thursday excluding Bank Holidays

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|  |      |
|--|------|
| ☞ PANEER TIKKA MASALA .....  | 5.95 |
| Spicy pieces of home-made cheese cooked in an aromatic mild masala sauce   |      |
| ☞ LAMB CHOP MASALA .....   | 7.50 |
| Tender baby lamb chops marinated overnight & cooked in an exotic sauce   |      |
| ☞ AAM DIYA .....   | 5.95 |
| Pieces of lamb or chicken cooked with mango, cream and coconut sauce, garnished with sultana   |      |
| ☞ DAHI DIYA .....  | 6.95 |
| Marinated chicken or lamb pickled in mustard and fenugreek cooked in yoghurt sauce, garnished with spring onions                         |      |
| ☞ CHICKEN / LAMB PASANDA NAWABI .....  | 6.50 |
| Marinated pieces of chicken or lamb cooked in cream and delicate herbs, a Kashmiri recipe  |      |
| ☞ BENGAL FISH .....  | 6.95 |
| Fresh water fish from the Bay of Bengal, shallow fried with onions, capsicum and coriander in a medium sauce                             |      |
| ☞ CHICKEN / LAMB SHANGREELA .....  | 6.95 |
| Thin fillets cooked with the chef's unique recipe  |      |
| ☞ MURGH KHURCHAN .....   | 6.95 |
| A chef's speciality - breast of chicken cooked with garlic, spring onion and dried red chillies - slightly hotter than madras            |      |
| ☞ NAGA CHICKEN OR LAMB .....   | 6.50 |
| Cooked with Bangladeshi 'naga', hot chillies - very hot  |      |
| ☞ GAJOR CHICKEN OR LAMB .....  | 6.50 |
| Chicken or lamb cooked with fresh carrots, pepper, spring onions and chillies with the chef's own recipe                                 |      |
| ☞ KING PRAWN NOORJAHANI .....  | 8.50 |
| King prawn marinated in authentic spices and cooked in the tandoor, garnished with roasted onions, capsicums and tomatoes                |      |
| ☞ CHICKEN / LAMB NOORJAHANI .....  | 6.95 |
| Pieces of chicken or lamb marinated in authentic spices and cooked in the tandoor, garnished with roasted onions, capsicums and tomatoes |      |
| ☞ CHICKEN / LAMB JALFREZI .....  | 6.95 |
| Diced chicken or lamb marinated, grilled and cooked with chopped tomatoes sliced green chillies, ginger and herbs                        |      |
| ☞ CHICKEN / LAMB TIKKA MASALA .....  | 6.50 |
| ☞ TANDOORI KING PRAWN MASALA .....   | 9.50 |
| ☞ ADHA DIYA .....  | 6.95 |
| Pieces of chicken/lamb cooked with lots of garlic, ginger, coconut and cream-garnished with spring onions                                |      |
| ☞ ROSHON DIYA .....  | 5.95 |
| Pieces of chicken or lamb cooked with garlic   |      |
| ☞ MURGHI MASALA .....  | 6.95 |
| Cooked with mincemeat, egg & tomatoes  |      |

## TANDOORI SELECTION

|  |      |
|--|------|
| ☞ BARAH KEBAB (lamb chop) .....  | 6.50 |
| Tender baby lamb chops marinated overnight and cooked in a very classical taste  |      |
| ☞ TANDOORI MIX GRILL .....   | 8.95 |
| A plate of mouth-watering tandoori specialities including pieces of King Prawn, Chicken Tikka, Sheek Kebab, Lamb Chop and Tandoori Chicken—served with a nan |      |
| ☞ TANDOORI KING PRAWN .....  | 8.95 |
| ☞ CHICKEN OR LAMB TIKKA .....  | 5.25 |
| ☞ TANDOORI CHICKEN (half) .....  | 4.95 |
| ☞ CHICKEN OR LAMB SASHLIK .....  | 6.95 |

## KORAI DISH

Popular northern province dish, with northern style spices, tomatoes, peppers, onions, served in traditional iron koral

CHICKEN 6.50 • LAMB 6.50 •  
KING PRAWN 7.95 • VEGETABLE 4.50

## PALAK DISH (SPINACH)

Cooked with spinach, medium spiced

CHICKEN 4.95 • LAMB 4.95 • PRAWN 5.95 •  
KING PRAWN 7.25 • VEGETABLE 4.50

## BIRYANI DISH

Cooked with Basmati rice, medium spiced – served with mixed vegetable curry

CHICKEN / LAMB TIKKA 7.50 • CHICKEN /  
LAMB 6.95 • PRAWN 7.50 • KING PRAWN 9.50 •  
VEGETABLES 5.95

## BALTI DISH (Served with naan)

Chef's special and frontier style Balti dishes refined and based on fresh coriander, garlic, green chillies, tomatoes and tamarind sauce

CHICKEN 6.50 • LAMB 6.50 • PRAWN 6.95 •  
KING PRAWN 8.50 • VEGETABLES 5.25 •  
CHICKEN TIKKA 7.25

Use our guide to help make your choice

medium ☞ hot ☞☞ very hot ☞☞☞