

Noodles

Believe us, we are offering the authentic noodle dishes

Ho Fun Flat Thick Rice Noodles

- 97) Assorted Mixed Seafood Ho Fun (New).....£5.50
Stir-fry Cantonese rice noodles with seafood
- 98) Cantonese Beef Ho Fun (New).....£4.50
Stir-fry tender beef slices with rice noodles with beansprouts in dark soy sauce
- 99) Malaysian Ho Fun.....£4.50
Stir-fry seafood & chicken with Malaysian rice noodles

Mai Fun Thin Rice Noodles

- 100) Shredded Roast Duck Mai Fun (New).....£5.00
Stir-fry thin rice noodles with shredded roast duck with preserved Chinese vegetables
- 101) Singapore Mai Fun (Vermicelli).....£4.50
Stir-fry thin rice noodles with shrimps, honey roast pork, chicken, beansprouts with fresh chilli & curry powder

Yo Mein Thin Wheat Noodles

- 102) Sichuan King Prawn Yo Mein (New).....£5.00
Thin wheat noodles with king prawns cooked in Sichuan sauce
- 103) Shredded Pork Yo Mein.....£4.50
Traditional Cantonese noodles dishes

Chow Mein Thick Wheat Noodles

- 104) Assorted Seafood Chow Mein.....£5.00
- 105) Beef Chow Mein.....£4.50
- 106) Chicken Chow Mein.....£4.50
- 107) Pork Chow Mein.....£4.50
- 108) Assorted Meat Chow Mein.....£5.00
- 109) Beansprouts Chow Mein (V).....£3.50
- 110) Vegetables Chow Mein (V) (New).....£3.50

San Mein Soup-based Thin Wheat Noodles

- 111) Cantonese Roast San Mein (New).....£5.00
Combination of Cantonese roast duck and honey roast pork cooked with thin egg noodles in clear soup
- 112) Won Ton San Mein.....£4.00
Traditional Cantonese noodles dishes. Egg pastry dumplings with minced prawns fillings cooked with thin egg noodles in clear soup

Dessert

- 113) Banana Fritter (V).....£3.50
- 114) Apple Fritter (V).....£3.50
- 115) Deep-fry Sesame Seed Balls (4) (V) (New).....£3.50
Thin flour dough covered with sesame seeds, with red bean paste filling
- 116) Steamed Cream Custard Buns (2) (V) (New).....£3.50
- 117) Deep-fry Cream Custard Buns (2) (V) (New).....£3.50

Sauces

- 118) Curry Sauce.....£1.50
- 119) Sweet and Sour Sauce.....£1.50
- 120) King-do Sauce.....£1.50
- 121) Barbecue Sauce.....£1.50

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Set Menus

- S1) Set Menu for 1 person £7.50**
Vegetables Spring Rolls (1) (V)
Blackbean Chicken
Egg Fried Rice
- S2) Set Menu for 2 people £14.90**
Vegetables Spring Rolls (2) (V)
Sesame Prawn Toast (4)
Blackbean Chicken
Sichuan Shredded Chilli Beef
Egg Fried Rice
- S3) Family Menu for 4 people £29.90**
Vegetables Spring Rolls (4) (V)
Sesame Prawn Toast (8)
Spare Ribs in King-do Sauce
Blackbean Chicken
Sichuan Shredded Chilli Beef
Kung Po King Prawns
Beansprouts Chow Mein (V)
Egg Fried Rice

Restaurant Eat-in Menus

A La Carte Menu

with over 120 items to choose from...

Set Menus

Classic, Deluxe, Seafood & Vegetarian
from £14.50 per person
(1/2 price for children aged 5-11)

Kids Menus

£3.95 for kids aged 8 and below. Free scoop of ice cream

Buffet Menu £15.50 per person

Over 60 dishes to choose from...
'No Limit' freshly cooked dishes upon order...

Sunday Lunch Menu £9.50 per person

Great value 3-course meal with Appetisers,
Intermediate and Main Courses

Parties Menus

from £14.50 per person
Free welcome drink, coffee/tea...
Private party venue for 40 people on 1/F for hire

(New)=New Dishes, =Spicy, (V)=Vegetarian

All dishes may contain nuts or traces of nuts. Menu items may vary without prior notice. All prices are inclusive of V.A.T.

10% discount on all order.

Offer ends 30/11/2008

Royal Palace

Chinese Restaurant

Dim Sum • Crispy Duck • Noodles

Take Away Menu

Restaurant Quality Chinese Food to Go
Healthy Eating with no added MSG

Order Tel: 020 8524 7788

Free Prawn Crackers for order over £15

5% off for order £50 & over

DELIVERY - FREE

within 2 miles radius & over £15 per order

OPENING HOURS :

MONDAY	5:30pm - 11:00pm
TUESDAY	Closed
WEDNESDAY	5:30pm - 11:00pm
THURSDAY	5:30pm - 11:00pm
FRIDAY	5:30pm - Midnight
SATURDAY	5:30pm - Midnight
SUNDAY	12:30pm - 10:30pm
BANK HOLIDAY OPEN AS USUAL	

Last orders for delivery is one hour before closing time

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(Opposite to Chingford Rail Station)

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Dim Sum

This is our speciality and growing very popular. Traditional Cantonese dumplings petit dishes.

Steamed

- 1) Dim Sum Delight (Chef's Selection) (4)£3.50
- 2) Prawn Dumplings (Har Kau) (4)£3.50
Steamed crystal pastry with prawns fillings
- 3) Pork & Crab Dumplings (Siu Mai) (4)£3.50
Steamed egg pastry with pork & crab fillings
- 4) Prawn & Spinach Dumplings (3)£3.50
Steamed crystal pastry with prawns & spinach fillings
- 5) Prawn & Coriander Dumplings (3)£3.50
Steamed crystal pastry with prawns & coriander fillings
- 6) Mixed Vegetables Dumplings (V) (3)£3.50
Steamed crystal pastry with Chinese leaves, carrots & beansprouts fillings
- 7) Honey Roast Pork Buns (3)£3.50
Steamed white flour buns with roast pork fillings
- 8) Chicken & Chinese Mushroom Buns (3)£3.50
Steamed white flour buns with chicken & Chinese mushroom fillings

Fried

- 9) Crispy Prawn Wraps (3)£3.50
Deep-fry thick white pastry with prawns fillings
- 10) Pan-fry Beijing Dumplings (4)£3.50
Flour pastry with pork & vegetables fillings

Appetisers

A wide selection. Try some of our new appetisers marked (New). Go for platters if you like to try a bit of everything – value for money.

- 11) Royal Platter (Min. 2 persons)Per person £6.50
Spare Ribs in King-do Sauce, Crispy Vegetables Spring Rolls (V), Sesame Prawn Toast & Crispy Seaweeds (V)
- 12) Seafood Platter (Min. 2 persons) (New)Per person £9.50
Deep-fry Crab Claws, Blackbean Mussels, Malaysian King Prawns Satay & Salt & Peppercorn Squids
- 13) Soft Shell Crabs (2) (New)£6.95
You can eat the whole crab - shells & legs
- 14) Blackbean Mussels (4) (New)£4.00
Large half shell mussels cooked in rich garlic & blackbean sauce
- 15) Deep-fry Crab Claws (4)£5.50
Deep-fry crab claws stuffed with minced prawns
- 16) Sesame Prawn on Toast (8)£4.80
- 17) Smoked Spicy Shredded Chicken (New)£4.20
- 18) Salt & Peppercorn Squid£4.50
- 19) Salt & Peppercorn King Prawns£4.50
- 20) Salt & Peppercorn Chicken Wings£3.80
- 21) Salt & Peppercorn Beancurd (V)£3.80
- 22) Crispy Won Ton (8)£3.80
Minced prawn in egg pastry wraps
- 23) Spare Ribs in King-do Sauce£4.80
- 24) Spare Ribs with Salt & Peppercorn£4.80
- 25) Spare Ribs with Honey£4.80
- 26) Spare Ribs in Barbecue Sauce£4.80
- 27) Malaysian King Prawns Satay£4.80
- 28) Malaysian Chicken Satay£4.50

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- 29) Sweet & Sour King Prawns Balls (6)£4.80
- 30) Sweet & Sour Chicken Balls (6)£4.50
- 31) Sweet & Sour Pork Balls (6)£4.50
- 32) Crispy Chicken Spring Rolls (4)£3.95
- 33) Crispy Vegetables Spring Rolls (4) (V)£3.95
All spring rolls are home-made
- 34) Steamed Green Soybeans in Pods (V) (New)£2.95
Good source of protein and vitamins. Use your fingers to push out the beans
- 35) Crispy 'Seaweeds' (V)£2.95
- 36) Prawn Crackers£1.50

Soup

- 37) Sichuan Hot & Sour Soup£3.30
- 38) Special Seafood Soup£3.30
- 39) Cantonese Won Ton Soup£3.00
- 40) Sweetcorn Soup with Seafood Crab Sticks£2.50
- 41) Sweetcorn Soup with Chicken£2.50
- 42) Sweetcorn Soup with Beancurd (V)£2.50
- 43) Mixed Vegetables Soup (V)£2.50

Crispy Aromatic Duck

- 44) Crispy Aromatic DuckHalf £13.50 Quarter £7.50
Selected tender duck on bone marinated with ginger, fennel, peppercorn, bay leaves and five-spice powder. Simmer to keep rich flavour and tenderness. Deep-fry before serving. Served with shredded spring onions, cucumber, Hoi Sin sauce & wafer-thin pancakes

Cantonese Roast

One of the popular classic dishes in Hong Kong.

- 45) Roast Duck in Cantonese Style£7.50
Marinated with ginger, star anise, cinnamon stick & five-spice powder
- 46) Honey Roast Pork (Char Siu)£5.95
Tender pork loin marinated with honey, fermented beancurd, soy sauce and Hoi Sin sauce

Seafood

- 47) Cod Fish Fillet with Ginger & Spring Onions£5.50
- 48) Cod Fish Fillet in Sweet & Sour Sauce£5.50
- 49) Blackbean Mussels (8) (New)£6.00
Large half shell mussels cooked in rich garlic & blackbean sauce
- 50) Mixed Seafood with Cashew Nuts£5.50
Stir-fry mixed seafood with crunchy cashew nuts in yellow bean sauce
- 51) King Prawns in Kung Po Sauce£5.50
- 52) King Prawns in Sichuan Sauce£5.50
- 53) King Prawns in Sweet & Sour Sauce£5.50
- 54) King Prawns in Blackbean Sauce£5.50
- 55) King Prawns Curry£5.50
- 56) Salt & Peppercorn Squid£5.50
- 57) Salt & Peppercorn King Prawns£5.50

Beef

- 58) Sichuan Shredded Chilli Beef£4.90
- 59) Stir-fry Beef with Seasonal Vegetables in Oyster Sauce£4.90
- 60) Blackbean Beef£4.90
- 61) Satay Beef£4.90
- 62) Beef Curry£4.90



Chicken

- 63) Smoked Spicy Shredded Chicken (New)£4.70
- 64) Sichuan Shredded Chilli Chicken£4.70
- 65) Chicken in Honey Lemon Sauce£4.70
- 66) Chicken with Cashew Nuts£4.70
- 67) Kung Po Chicken£4.70
- 68) Sichuan Chicken£4.70
- 69) Satay Chicken£4.70
- 70) Blackbean Chicken£4.70
- 71) Chicken Curry£4.70
- 72) Sweet & Sour Chicken£4.70

Pork

- 73) Sweet & Sour Pork£4.50
- 74) Pork Curry£4.50

Beancurd

- 75) Pi Pa Beancurd (6)£5.50
Mashed beancurd filled with minced prawns, deep-fry into pieces and serve on a bed of Chinese leaves
- 76) Ma Po Beancurd£4.90
Braised minced pork with beancurd in Sichuan sauce
- 77) Salt & Peppercorn Beancurd (V)£4.50
Stir-fry with fresh chilli, peppercorn, onion, red & green peppers
- 78) Blackbean Beancurd (V)£4.50

Vegetables

- 79) Monks Vegetables (V)£4.50
Stir-fry Chinese mushroom, bamboo shoot, straw mushroom, fungus & babycorn
- 80) Assorted Mushrooms with fresh Garlic (V) (New)£4.50
Chinese mushroom, straw mushroom & Po Ku mushroom stir-fried with fresh garlic
- 81) Aubergine Stuffed with Minced Prawn (New)£5.95
Aubergine sandwiched with minced prawn, then braised in blackbean sauce
- 82) Satay Aubergines (V)£4.50
Aubergine cooked to perfect tenderness in satay sauce with mixed flavours from ground peanut, sesame seeds, ginger & lemon grass
- 83) Stir-fry Mixed Vegetables (V)£4.00
- 83) Mixed Vegetables Curry (V)£4.00
- 84) Stir-fry Pak Choy with fresh Garlic (V) (New)£4.50
- 86) Stir-fry Beansprouts with fresh Ginger (V)£3.50

Rice

- 87) Scallops Fried Rice (New)£5.50
Diced scallops fried with egg white and rice
- 88) King Prawns Fried Rice£5.00
- 89) Braised Fukin Fried Rice (New)£5.00
Egg fried rice with diced assorted meat with beancurd
- 90) Special Fried Rice£4.50
- 91) Beef & Egg Fried Rice (New)£4.50
- 92) Chicken Fried Rice£4.50
- 93) Mixed Vegetables Fried Rice (V) (New)£4.00
- 94) Egg Fried Rice£3.00
- 95) Plain Boiled Rice (V)£2.20
- 96) Chips (V)£1.50