

CHICKEN OR MEAT DISHES (off the bone)

Chicken or Meat Curry (Medium)	£4.50
Chicken or Meat Madras (Fairly Hot)	£4.50
Chicken or Meat Vindaloo (Very Hot)	£4.50
Chicken or Meat Pall (Extremely Hot)	£4.95
Chicken or Meat Dupiaza (Medium, Onion Flavoured)	£4.95
Chicken or Meat Rogon (Medium, Tomato Flavoured)	£4.95
Chicken or Meat Bhuna (Slightly Dry)	£4.95
Chicken or Meat Korma (Mild)	£4.95
Chicken or Meat Sag (Cooked with spinach, onion & garlic)	£4.95
Chicken or Meat Tikka Madras (Fairly Hot)	£7.25
Chicken or Meat Tikka Bhuna (Slightly Dry)	£7.25
Chicken or Meat Tikka Dupiaza (Medium, Onion Flavoured)	£7.25
Chicken or Meat Tikka Sag (Cooked with spinach, onion & garlic)	£7.25

BALTI VEGETABLE SIDE DISHES

Balti Aubergine	£3.25	Balti Mushroom	£3.25
Balti Cauliflower	£3.25	Balti Bhindi (Okra)	£3.25
Balti Chickpeas	£3.25	Balti Aloo Peas	£3.25
Balti Dal (Lentils)	£3.25	Balti Potato	£3.25
Balti Green Beans	£3.25	Balti Spinach	£3.25

PLANET FISH SPECIALITIES

Fresh Water Fish Direct From Bangladesh

Boal Mass	£7.95
Ayre Mass	£7.95

(Slices of fish fried & then cooked with onion, garlic, ginger with thick sauce)

PRAWN DISHES

Prawn Curry (Medium)	£4.50	Prawn Dupiaza	£4.95
Prawn Madras (Fairly Hot)	£4.50	(Onion flavoured)	
Prawn Vindaloo (Very Hot)	£4.50	Prawn Rogon	£4.95
Prawn Bhuna	£4.95	(Tomato flavoured)	
(Slightly Dry)		Prawn Sag	£4.95
Prawn Korma (Mild)	£4.95	(With spinach)	

PRAWN DISHES

King Prawn Curry (Medium)	£8.95
King Prawn Madras (Fairly Hot)	£8.95
King Prawn Vindaloo (Very Hot)	£8.95
King Prawn Bhuna (Slightly Dry)	£8.95
King Prawn Dupiaza (Onion Flavoured)	£8.95
King Prawn Rogon (Tomato Flavoured)	£8.95
King Prawn Korma (Mild)	£8.95

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PERSIAN DISHES

All Persian Dishes Served With Pulao Rice

Chicken or Meat Dansak	£6.95	Chicken or Meat Pathia	£6.95
Chicken or Meat Tikka Dansak	£7.95	Chicken or Meat Tikka Pathia	£7.95
Prawn Dansak	£6.95	Prawn Pathia	£6.95
King Prawn Dansak	£10.95	King Prawn Pathia	£10.95

VEGETABLE SIDE DISHES

Motor Ponir	£2.95	Korma Sauce	£2.95
(Cheese with peas)		Bindi Bhajee	£2.95
Sag Ponir	£2.95	French Beans Bhajee	£2.95
(Spinach with cheese)		Sag Aloo	£2.95
Vegetable Curry	£2.95	Bombay Aloo	£2.95
(Medium)		Aloo Gobi	£2.95
Vegetable Korma	£2.95	Chana Massalla	£2.95
Vegetable Bhajee (Medium)	£2.95	(Chick Peas)	
Mushroom Bhajee	£2.95	Cucumber Rathia (Yogurt)	£1.95
Cauliflower Bhajee	£2.95	Tarka Dall	£2.95
Sag Bhajee	£2.95	Vegetable Dansak	£2.95
Brinjal Bhajee	£2.95	Curry Sauce	£2.25

SUNDRIES

Plain Rice	£1.75	Stuffed Nan	£1.95
Pulao Rice	£1.95	(Vegetable)	
Special Fried Rice	£2.25	Kashmir Nan	£1.95
(Egg, Peas, Carrots)		(Friut & Honey)	
Vegetable Pulao Rice	£2.25	Keema Nan	£1.95
Shahee Pulao Rice	£2.25	(With Mincemeat)	
(Nuts & Raisins)		Paratha	£1.95
Mushroom Pulao Rice	£2.25	Stuffed Paratha	£1.95
Oriental Pulao Rice	£2.50	(Vegetable)	
(Prawn & Peas)		Chapati (Light Bread)	£1.00
Tandoori Roti	£1.95	Puri (Light Bread)	£1.00
Nan	£1.95	Popadum (Plain or Spicy)	£0.50
Cheese Nan	£1.95	Chutney	£0.50
Garlic Nan	£1.95	(Mango / Lime Per Head) Compulsory	

FREE DELIVERY
020 8529 6644
(ON ORDERS OVER £12.50)

Please note our chef can prepare dishes which are not listed on request.
All our chicken dishes are served with grade A breast of chicken

PLANET POPADUM

INDIAN BRASSERIE
FULLY LICENSED RESTAURANT

FREE DELIVERY

ON ORDERS OVER £12.50

SPECIAL SUNDAY LUNCH

12PM TO 5.30PM

FIVE COURSE MEAL!

COURSE 1 - ANY STARTER
COURSE 2 - ANY MAIN DISH
COURSE 3 - ANY SIDE DISH
COURSE 4 - ANY RICE
COURSE 5 - ANY NAN
BREAD

DINING IN ONLY

ALL FOR £10.95 PER PERSON

90 STATION ROAD, CHINGFORD
LONDON E4 7BA

CHEQUES ARE ACCEPTED WITH BANKERS CARDS ONLY

STARTERS

Tandoori Chicken	£3.10	Tandoori King Prawn Tikka	£4.95
Chicken Tikka	£3.10	Prawn Cocktail	£3.10
Meat Tikka	£3.10	Prawn Puree	£3.10
Lentil Pakora	£3.10	Chicken Chat	£3.10
Shami Kebab or Sheek Kebab	£3.10	Aloo Chat	£3.10
King Prawn Puree	£4.95	Meat or Vegetable Samosa	£2.50
King Prawn Butterfly	£4.95	Onion Bhajee	£2.50
		Garlic Mushroom	£4.00

PLANET TANDOORI SPECIALITIES

Tandoori Chicken	(Half) £5.95	Whole £9.95
Tender chicken, marinated in yogurt with special spices, barbecued on charcoal in a clay oven, served with salad.		
Chicken Tikka		£6.25
Diced spring chicken breast, mildly marinated and grilled in a clay oven		
Lamb Tikka		£6.25
Spiced and marinated pieces of lamb cooked in a clay oven and served with salad		
Chicken or Lamb Shashlik		£7.25
Tandoori diced chicken breast or lamb barbecued on skewers with tomato, capsicum and onion served with salad		
Tandoori Mixed Grill		£9.95
Tandoori chicken, chicken tikka, lamb tikka, sheek kebab and king prawn served with salad		
Tandoori King Prawn		£10.95
Marinated king prawn, grilled over charcoal served with salad		
Tandoori King Prawn Shashlik		£10.95
Tandoori grilled king prawn with tomato, capsicum and onion served with salad		
Tandoori Shashlik		£9.75
Tandoori grilled chicken, king prawn, sliced lamb, mixed together and cooked with butter in a special sauce & topped with fresh cream		
Tandoori Chef's Special		£9.95
Diced chicken barbecued on skewers, decorated with tomatoes, capsicum and onion cooked in mild brandy sauce.		
Sizzling King Prawn		£10.95
Grilled king prawn cooked with butter, ginger, green pepper, served with brandy flame and salad		
Sizzling Chicken		£8.95
Sliced tender chicken breast cooked with butter, ginger, green pepper, served with flaming brandy and salad		

PLANET BIRIANI DISHES

Biryanis consist of special fried rice, garnished with tomatoes, cucumber, sultanas and almonds.
(Served with vegetable curry)

Chicken or Lamb Biriani	£6.95
Chicken or Lamb Tikka Biriani	£7.95
Chicken and Prawn Biriani	£7.95
Chicken and King Prawn Biriani	£9.95
Chicken and Mushroom Biriani	£7.95
Prawn Biriani	£6.95
King Prawn Biriani	£10.95
Vegetable Biriani	£6.75

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Chicken or Lamb Tikka Massalla	£7.25
Both dishes oven cooked with mild creamy sauce and decorated with almonds, nut and fresh cream	
Chicken or Lamb Passanda	£7.25
A delightful mughal dish, specially cut slices of chicken or lamb marinated with yogurt based sauce & cooked in fresh cream, mixed ground nuts & almond powder	
Korai Chicken or Lamb Tikka	£7.25
Tender lamb or chicken pieces cooked in a tandoori oven then re-cooked with tomatoes, onions and green pepper in a medium spicy sauce, served in an iron wok	
Chicken or Lamb Tikka Jalfrazi	£7.25
A fairly hot dish prepared with fresh green green chilli, onion, tomato and capsicum, cooked in thick sauce	
Special Korai Chicken or Lamb	£7.25
Thin lamb or chicken fillet marinated with garlic & ginger, medium spicy cooked with fried tomato, capsicum and onion	
Special Murgh Makhani (Butter Chicken)	£7.25
Mildly spiced chicken slices, baked in a clay oven and cooked in yogurt, fresh cream and butter	
Special Chicken Multi Tandoori	£7.25
Grilled spring chicken, off the bone, in a sauce, cooked with cream on top	
Special Jupiter Chicken (Medium Hot)	£7.25
Fairly hot dish with sliced egg, potatoes and tomatoes	
Tandoori King Prawn Passanda (Mild)	£10.95
Grilled king prawns, cooked with butter, yogurt and cooked in fresh cream mixed with ground nuts and almonds.	
Tandoori King Prawn Massalla (Mild)	£10.95
Grilled king prawns, cooked with butter, yogurt and topped with fresh cream	
Special King Prawn Nawabi (Mild)	£10.95
Medium strength, juicy dish laced with almond powder, fresh garlic and topped with a touch of cream	
Special King Prawn Delight (Very Mild)	£10.95
Succulent pieces of king prawn, cooked then served in a creamy and nutty sauce	
King Prawn Jalfrazi	£10.95
A fairly hot dish prepared with fresh green chillies, onions, tomato and capsicum served in an iron wok	
Korai King Prawn	£10.95
Succulent pieces of king prawns, cooked with peppers, onions and peeled tomatoes, served spicy in an iron wok	

CHEF'S BIRIANI SPECIALITIES

Special Planet Biriani	£9.95
Chicken, meat, prawn, king prawn with mild spicy sauce	
Shahee Chicken Biriani	£8.95
Slices of tandoori grilled chicken cooked with rich spicy sauce	

PLANET SPECIALITIES

King Prawn Galaxy	£10.95
Fresh king prawn cooked in a spicy planet sauce garnished with green chillies, garlic, onions and tomatoes	
King Prawn Enterprise	£10.95
Thick mild sauce, almonds, butter, yogurt marinated to a delicious flavour	
Tandoori King Prawn Space Shuttle	£10.95
Tandoori king prawn, whole, grilled in the space oven, with fresh spices. Served with salad	
King Prawn Orbit	£10.95
Fresh king prawn cooked in a spicy sauce garnished with garlic, ginger, onions, tomatoes and green pepper	

PLANET SET MEALS

Meal For Two Apollo 2 £32.00

Tandoori Chicken, Tandoori King Prawn (Starters)
Chicken Tikka Massalla, Special Korai Meat, Cauliflower Bhajee,
Sag Aloo, Two Special Fried Rice, Keema Nan

Meal For Four Apollo 4 £59.00

Tandoori Chicken, Prawn Puree, King Prawn Puree, Meat Tikka
(Starters)
Chicken Tikka Jalfrazi, King Prawn Pathia, Special Balti Chicken,
Meat Korma, Sag Ponir, Aloo Gobi, Mushroom Bhajee, Two
Special Fried Rice, Two Nan.

Meal For Two
Space Vegetable Niramish £29.95

Vegetable Samosa, Onion Bhajee (Starters)
Korai Vegetable, Vegetable Dansak, Aloo Peas, Mushroom
Bhajee, Dohi, Pulao Rice, Stuffed Nan

PLANET BALTI SPECIALITIES

Balti King Prawn	£10.95
Special king prawns, marinated in garlic and ginger, thin cooked in our special balti sauce	
Balti Chicken or Lamb Special	£7.95
Special cut slices of chicken or lamb, marinated in yogurt and our special balti sauce	
Balti Chicken or Lamb Tikka	£7.95
Special cut slices of chicken or lamb tikka, cooked in a clay oven, medium spicy balti sauce	
Balti Prawn Special	£7.95
Prawns, prepared with fresh green chillies, in a balti sauce fairly hot.	
Balti Vegetable Special	£6.95
Cooked with green peppers, onion, tomatoes, bindi, french beans, sweetcorn, mushroom and garnished with balti sauce.	
Balti Acheri Chicken or Lamb	£7.95
Cooked in a clay oven fairly hot and little dry with red chillies	
Balti Nan (Balti sauce, onion & a touch of garlic)	£2.50