

Special Set Meals

A For 1 Person£5.80
For 2 Persons£10.70

Chicken Chop Suey
Egg Fried Rice
Sweet & Sour Pork Balls in Batter

B For 2 Persons£12.00
For 3 Persons£18.00

Fried Chicken with Mushrooms
Sweet & Sour Chicken Balls in Batter
Beef Chop Suey
Egg Fried Rice
Crispy Pancake Rolls

C For 3 Persons£16.80
For 4 Persons£22.20

Fried Chicken with Pineapple
Sweet & Sour King Prawn Balls in Batter
Beef Chop Suey
Egg Fried Rice
Crispy Pancake Rolls
Chicken Chow Mein

D For 4 Persons£19.00
For 5 Persons£23.50
For 6 Persons£28.30

Prawn Chop Suey
King Prawn Balls
Sweet & Sour Chicken Balls in Batter
Chicken with Bamboo Shoots in Oyster Sauce
Fried Beef with Mushrooms
Egg Fried Rice

E For 2 Persons£20.50
For 3 Persons£30.00
For 4 Persons£39.50

Chicken & Sweet Corn Soup
Barbecued Spare Ribs *(dry)*
Fried Chicken with Cashew Nuts
in Yellow Bean Sauce
Sweet & Sour Beef Peking Style
King Prawns with Green Peppers in
Black Bean Sauce
Special Fried Rice

F For 2 Persons£28.50
For 3 Persons£41.50
For 4 Persons£54.50

Chicken & Sweet Corn Soup
Hors D'oeuvres
Crispy Aromatic Duck
Crispy Shredded Beef in Spicy Sauce
King Prawns with Green Peppers in
Black Bean Sauce
Lemon Chicken
Special Fried Rice

NEW ORIENTAL EXPRESS

東方紅

Chinese Food To Take Away

TELEPHONE

020 8529 2386

291 Hall Lane, Chingford, London E4 8NU



OPEN 7 DAYS

Mon - Fri: 12noon - 2.30pm & 5.00pm - 11.30pm
Sat: 5.00pm - 11.30pm
Bank Holidays & Sunday: 5.00pm - 11.00pm

FREE HOME DELIVERY

For Orders Over £10.00

(£1.00 Delivery Charge for Orders Under £10.00 & over 2 miles)

Delivery Service available from 5.00pm - 11.30pm

Starters

- | | | | |
|----|---|----------------------|--------|
| 1 | Prawn Crackers | £1.10 | |
| 2 | Crispy Pancake Roll (1) | £1.20 | |
| 3 | Portion of Chips | £1.20 | |
| 4 | Mini Vegetarian Spring Roll (8) | £1.60 | |
| 5 | Fried Crispy Seaweed | £2.60 | |
| 6 | Hors D' oeuvres | £7.00 | |
| | <i>(Vegetarian spring roll, crispy won ton, spare ribs, sesame prawn toast)</i> | | |
| 7 | Fried Crispy Won Ton (6) | £2.60 | |
| | Hard Sweet & Sour Sauce | £2.60 | |
| 8 | Sesame Prawn Toast | £3.10 | |
| 9 | Sticks of Satay Chicken (4) | £3.10 | |
| 10 | Fried King Prawn Balls | (Small) £2.60..£4.00 | |
| 11 | Barbecued Spare Ribs (Dry) | (Small) £3.30..£4.50 | |
| 12 | Barbecued Spare Ribs (with Sauce) | (Small) £3.30..£4.50 | |
| 13 | Salt & Pepper Spare Ribs | (Small) £3.30..£4.50 | |
| 14 | Spare Ribs in Capital Sauce | (Small) £3.30..£4.50 | |
| 15 | Salt & Pepper Chicken Wings | (Small) £3.30..£4.50 | |
| 16 | Chicken Wings in Capital Sauce | (Small) £3.30..£4.50 | |
| 17 | Crispy Aromatic Duck | Quarter | £6.50 |
| | <i>(Serve with pancakes, spring onion, cucumber, hoi sin sauce)</i> | Half | £12.00 |
| | | Whole | £22.00 |



Chow Mein Dishes

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|----|--|-------|
| 43 | Seafood Chow Mein | £4.70 |
| 44 | King Prawn Chow Mein | £4.20 |
| 45 | Whole Portion of Chicken Chow Mein | £4.10 |
| 46 | Singapore Chow Mein | £3.50 |
| 47 | Special Chow Mein | £3.40 |
| 48 | Beef Chow Mein | £3.30 |
| 49 | Shredded Chicken Chow Mein | £3.30 |
| 50 | Prawn Chow Mein | £3.30 |
| 51 | Roast Lean Pork Chow Mein | £3.30 |
| 52 | Mixed Vegetable Chow Mein | £3.00 |
| 53 | Mushroom Chow Mein | £3.00 |
| 54 | Plain Chow Mein | £2.20 |
| 55 | Mixed Meat Chow Mein | £3.80 |

Soups

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|----|-----------------------------------|-------|
| 18 | Chicken & Sweet Corn Soup | £1.80 |
| 19 | Crab Meat & Sweet Corn Soup | £1.80 |
| 20 | Hot & Sour Soup | £1.80 |
| 21 | Chicken & Mushroom Soup | £1.80 |
| 22 | Chicken & Noodle Soup | £1.80 |
| 23 | Mixed Vegetable Soup | £1.80 |
| 24 | Won Ton Soup | £2.00 |



Rice Dishes

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|----|---|-------|
| 25 | Roast Duck with Rice | £4.70 |
| 26 | Seafood with Rice | £4.70 |
| 27 | House Special with Rice | £4.20 |
| 28 | King Prawn Fried Rice | £4.20 |
| 29 | Singapore Fried Rice | £3.50 |
| 30 | Special Fried Rice | £3.40 |
| 31 | Beef Fried Rice | £3.30 |
| 32 | Chicken Fried Rice | £3.30 |
| 33 | Prawn Fried Rice | £3.30 |
| 34 | Roast Lean Pork Fried Rice | £3.30 |
| 35 | Mushroom Fried Rice | £3.00 |
| 36 | Mixed Vegetable Fried Rice | £3.00 |
| 37 | Egg Fried Rice | £2.10 |
| 38 | Plain Boiled Rice | £1.80 |
| 39 | Fried Rice Vermicelli Singapore Style | £3.60 |
| 40 | Fried Rice Vermicelli Chinese Style | £3.60 |
| 41 | Fried Rice Vermicelli Mixed Vegetable | £3.40 |
| 42 | Mixed Meat Fried Rice | £3.80 |

King Prawn Dishes

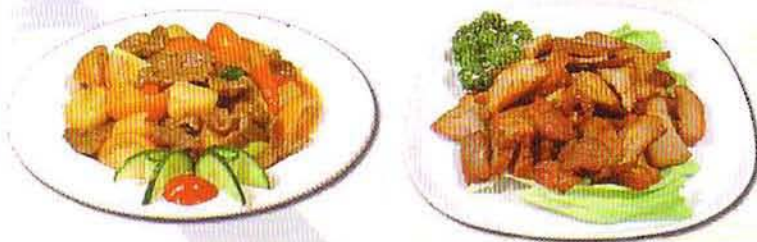
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|----|--|-------|
| 56 | King Prawns with Cashew Nuts
in Yellow Bean Sauce | £5.30 |
| 57 | King Prawns in Black Pepper Sauce | £5.00 |
| 58 | Sweet & Sour King Prawns Peking Style | £4.30 |
| 59 | King Prawns with Chilli in Chilli Sauce | £4.30 |
| 60 | King Prawns Cantonese Style | £4.30 |
| 61 | King Prawns Szechuan Style | £4.30 |
| 62 | King Prawns with Cashew Nuts | £4.30 |
| 63 | King Prawns in Satay Sauce | £4.30 |
| 64 | King Prawns with Pineapple | £4.30 |
| 65 | King Prawns with Mushrooms | £4.30 |
| 66 | King Prawns with Green Pepper
in Black Bean Sauce | £4.30 |
| 67 | King Prawns in Oyster Sauce | £4.30 |
| 68 | King Prawns with Tomatoes | £4.30 |
| 69 | King Prawns with Mixed Vegetables | £4.30 |
| 70 | King Prawns with Ginger & Spring Onions | £4.30 |
| 71 | Kung Po King Prawns | £4.30 |
| 72 | King Prawns with Onions | £4.30 |
| 73 | King Prawns with Baby Corn
& Straw Mushrooms | £4.30 |
| 74 | Salt & Pepper King Prawns | £4.30 |

Beef Dishes

75	Beef with Cashew Nuts in Yellow Bean Sauce.....	£3.70
76	Beef with Chilli in Chilli Sauce.....	£3.70
77	Sweet & Sour Beef Peking Style.....	£3.70
78	Crispy Shredded Beef in Spicy Sauce.....	£3.70
79	Crispy Shredded Beef in Capital Sauce	£3.70
80	Beef with Green Pepper in Black Bean Sauce	£3.70
81	Beef with Ginger & Spring Onions	£3.70
82	Beef in Black Pepper Sauce	£3.70
83	Beef Cantonese Style	£3.70
84	Beef Szechuan Style.....	£3.70
85	Beef in Oyster Sauce	£3.70
86	Beef with Onions.....	£3.70
87	Beef with Tomatoes.....	£3.70
88	Beef with Mushrooms	£3.70
89	Beef with Mixed Vegetables.....	£3.70
90	Beef with Pineapple	£3.70
91	Beef with Baby Corn & Straw Mushrooms	£3.70
92	Beef with Bamboo Shoots & Water Chestnuts.....	£3.70
93	Beef with Cashew Nuts.....	£3.70
94	Beef in Satay Sauce	£3.70
95	Kung Po Beef.....	£3.70

Lamb Dishes

212	Lamb with Green Pepper in Black Bean Sauce	£4.20
213	Lamb with Cashew Nuts	£4.20
214	Lamb with Ginger & Spring Onions	£4.20
215	Kung Po Lamb	£4.20
216	Lamb in Capital Sauce.....	£4.20
217	Lamb with Black Pepper Sauce	£4.40



Roast Pork Dishes

96	Roast Lean Pork Szechuan Style	£3.60
97	Roast Lean Pork with Ginger & Spring Onions.....	£3.60
98	Roast Lean Pork with Green Pepper in Black Bean Sauce	£3.60
99	Roast Lean Pork with Onions	£3.60
100	Roast Lean Pork with Mushrooms.....	£3.60
101	Roast Lean Pork Chinese Style.....	£3.60
102	Roast Lean Pork with Mixed Vegetables	£3.60
103	Roast Lean Pork with Cashew Nuts	£3.60
104	Roast Lean Pork with Chilli in Chilli Sauce	£3.60
105	Roast Lean Pork with Baby Corn & Straw Mushrooms.....	£3.60

Duck Dishes

106	Roast Duck Chinese Style.....	£4.70
107	Roast Duck Szechuan Style	£4.70
108	Sweet & Sour Duck Peking Style	£4.70
109	Roast Duck with Mushrooms	£4.70
110	Roast Duck with Pineapple.....	£4.70
111	Lemon Duck.....	£4.70
112	Duck in Plum Sauce	£4.70
218	Roast Duck with Green Pepper in Black Bean Sauce	£4.70

Chicken Dishes

113	Sweet & Sour Chicken Peking Style (in batter)	£ 4.00
114	Sweet & Sour Chicken Peking Style (without batter)	£4.00
115	Chicken with Chilli in Chilli Sauce.....	£3.70
116	Chicken with Cashew Nuts in Yellow Bean Sauce (in batter)	£3.70
117	Chicken with Cashew Nuts in Yellow Bean Sauce (without batter)	£3.70
118	Chicken with Cashew Nuts.....	£3.70
119	Lemon Chicken.....	£3.70
120	Chicken with Ginger & Spring Onions	£3.70
121	Chicken in Satay Sauce.....	£3.70
122	Kung Po Chicken (in batter)	£3.70
123	Kung Po Chicken (without batter)	£3.70
124	Chicken in Black Pepper Sauce	£3.70
125	Chicken Cantonese Style	£3.70
126	Chicken Szechuan Style (in batter)	£3.70
127	Chicken Szechuan Style (without batter).....	£3.70
128	Chicken in Oyster Sauce	£3.70
129	Chicken with Green Pepper in Black Bean Sauce	£3.70
130	Roast Chicken Chinese Style	£3.70
131	Chicken with Mushrooms.....	£3.70
132	Chicken with Mixed Vegetables.....	£3.70
133	Chicken with Tomatoes.....	£3.70
134	Chicken with Pineapple	£3.70
135	Chicken with Baby Corn & Straw Mushrooms	£3.70
136	Chicken with Bamboo Shoots & Water Chestnuts	£3.70
137	Salt & Pepper Chicken.....	£3.70




Chop Suey Dishes (Beansprouts)

138	King Prawn Chop Suey.....	£4.10
139	Special Chop Suey	£3.10
140	Chicken Chop Suey	£3.10
141	Beef Chop Suey.....	£3.10
142	Roast Lean Pork Chop Suey	£3.10
143	Prawn Chop Suey	£3.10
144	Mushroom Chop Suey	£2.70

Vegetarian Dishes



Curry Dishes

145	Roast Duck Curry	£4.20
146	King Prawn Curry	£4.10
147	Special Curry	£3.60
148	Chicken Curry	£3.20
149	Beef Curry	£3.20
150	Roast Lean Pork Curry	£3.20
151	Prawn Curry	£3.20
152	Mixed Vegetable Curry 	£2.60
153	Mushroom Curry 	£2.60
154	Curry Sauce 	£1.10

Sweet & Sour Dishes

155	Sweet & Sour Spare Ribs	(Small) £3.30..£4.50
156	Sweet & Sour King Prawn Balls (Small)	£2.90..£4.20
157	Sweet & Sour Chicken (Soft in batter Hong Kong Style)	£3.50
158	Sweet & Sour Chicken (Crispy in batter Hong Kong Style)	£3.50
159	Sweet & Sour Chicken (without batter Hong Kong Style)	£3.50
160	Sweet & Sour Pork Hong Kong Style	£3.50
161	Sweet & Sour Chicken Balls	£3.40
162	Sweet & Sour Pork Balls	£3.40
163	Sweet & Sour Mixed Vegetables 	£2.70
164	Sweet & Sour Mushrooms 	£2.70
165	Sweet & Sour Sauce 	£1.10

Omelette Dishes

166	King Prawn Omelette or Fu Yung	£4.10
167	Special Omelette or Fu Yung	£3.30
168	Prawn Omelette or Fu Yung	£3.10
169	Shredded Chicken Omelette or Fu Yung	£3.10
170	Mushroom Omelette or Fu Yung	£2.70
171	Plain Omelette or Fu Yung	£2.50

English Dishes & Desserts

172	Roast Chicken with Chips & Peas in BBQ Sauce	£3.50
173	Quarter of Roast Chicken	£2.60
219	Banana Fritters with Syrup	£2.60
220	Pineapple Fritters with Syrup	£2.60

174	Monk's Delight	£3.30
175	Bean Curd in Satay Sauce	£3.10
176	Bean Curd in Black Bean Sauce	£3.10
177	Bean Curd in Sweet & Sour Sauce	£3.10
178	Bean Curd with Ginger & Spring Onions	£3.10
179	Bean Curd Szechuan Style	£3.10
180	Mixed Vegetables Szechuan Style	£3.10
181	Fried Two Kinds of Mushrooms - Chinese & Straw	£3.10
182	Fried Straw Mushrooms with Broccoli	£3.10
183	Fried Chinese Mushrooms with Broccoli	£3.10
184	Fried Baby Corn with Broccoli	£3.10
185	Chinese Leaves in Oyster Sauce	£3.10
186	Plain Mixed Vegetables	£2.40
187	Bamboo Shoots & Water Chestnuts	£2.10
188	Stewed White Mushrooms	£2.10
189	Fried Beansprouts	£1.80
190	Fried Onions	£1.80

Seafood Dishes

191	Salt & Pepper Squid	£4.20
192	Fried Squid with Cashew Nuts in Yellow Bean Sauce	£4.20
193	Sweet & Sour Squid Peking Style	£4.20
194	Fried Squid with Ginger & Spring Onions	£4.20
195	Fried Squid with Chilli in Chilli Sauce	£4.20
196	Squid in Satay Sauce	£4.20
197	Kung Po Squid	£4.20
198	Squid in Black Pepper Sauce	£4.20
199	Squid Cantonese Style	£4.20
200	Fried Squid with Green Pepper in Black Bean Sauce	£4.20
201	Squid Szechuan Style	£4.20
202	Fried Mussels with Green Pepper in Black Bean Sauce	£5.20
203	Fried Mussels with Ginger & Spring Onions	£5.20
204	Seafood with Green Pepper in Black Bean Sauce	£5.20
205	Seafood with Ginger & Spring Onions	£5.20

New Dishes

206	Spare Ribs with Green Pepper in Black Bean Sauce	£4.50
207	Spare Ribs with Honey	£4.50
208	Double Cooked Pork	£4.00
209	Chicken in Shanghai Sauce	£4.00
210	Beef in Shanghai Sauce	£4.00
211	Chicken in Plum Sauce	£4.00

