

Special Set Dinners

CANTONESE A (Minimum 2 persons) **£7.00 per person**

- Crispy Fried Spring Rolls
- Sweet & Sour Pork (Hong Kong Style)
- Chicken with Cashewnuts
- Sliced Beef with Oyster Sauce
- Special Fried Rice

CANTONESE B (Minimum 2 persons) **£7.80 per person**

- Barbecued Spare Ribs with Barbecue Sauce
- Sweet & Sour Pork (Hong Kong Style)
- King Prawn with Cashewnuts
- Fried Duck with Mixed Vegetables
- Special Fried Rice

CANTONESE C (1 or more people) **£6.20 per person**

- Pancake Roll
- Any Chicken or Sliced Beef Dish
- Special Fried Rice

Family Meal

£9.80 per person

From our Special selected menu (min 2 persons)

STARTERS

Aromatic Crispy Duck

HORS D'OEUVRES 4 HOT DELICACIES

Barbecued Spare Ribs, Sesame Prawn Toast, Crispy Seaweed, Spring Rolls

MAIN COURSES

- (Choose 2 Dishes) per 2 persons
- (Choose 3 Dishes) per 3 persons
- (Choose 4 Dishes) per 4 persons

(Excludes Fillet of Beef, Scallop Dishes & Special Fried Rice)



Note: If you have any special request, please do not hesitate to discuss it with our telephone receptionist. We will try our best to meet your requirements at all times.



(Nov 08) **EEZY LENTETS**
Tel: 020 8903 5063



with experienced chef of over 25 years

10% Discount on orders over £25 for all Walk-in customers

حلال

Lamb
Chicken
Beef

Restaurant Quality Delivery Service



No.1 for Oriental Food

ORIENTAL CHEF

26 Hatch Lane, Chingford, London E4

020 8524 9822
0800 783 3579

FREE DELIVERY



Opening Hours:

Monday-Thursday: 12 noon - 2.30pm • 5.00pm - 11.30pm
Friday & Saturday: 12 noon - 2.30pm • 5.00pm - 12.00am
Sunday & Bank Holiday: 5.00pm - 11.30pm

HOME DELIVERY ON ORDERS OVER £10

(DELIVERY HOURS FROM 5.00pm UNTIL 11.30pm)



Branches at:

Chingford, Dagenham, Barkingside, Southgate, East Ham, Wickford, Waltham Cross, Wanstead

FREE BOTTLE OF COKE OR WINE ON ORDERS OVER £30



Soup

1	Wun Ton (Dumpling) Soup	£2.20
2	Szechuan Hot & Sour Soup	£2.00
3	'Oriental' Soup	£2.00
4	Crabmeat & Sweetcorn Soup	£2.20
5	Chicken & Sweetcorn Soup	£1.80
6	Chicken & English Mushroom Soup	£1.70
7	Chicken & Straw Mushroom Soup	£1.70
8	Chicken & Noodle Soup	£1.70
8b	Seafood Noodle Soup	£3.30



Appetisers

8 a	STARTERS: Spare Ribs, Prawn on toast, Seaweed & Pancake rolls (2)	£5.10
9	Barbeque Spare Ribs (Dry)	£4.00
10	Barbeque Spare Ribs with Barbecue Sauce	£4.10
11	Barbeque Spare Ribs with Sweet & Sour Sauce	£4.10
12	Capital Spare Ribs with Sweet & Sour Sauce	£4.00
13	Spicy Spare Ribs with Salt & Pepper	£4.00
14	Fried Crispy Seaweed with dried grated Scallop	£2.70
15	Fried Shredded Prawn on toast with Sesame Seed	£3.50
16	Grilled Dumpling	£3.40
17	Fried Crispy 'Wun Ton' with Sweet & Sour Sauce	£2.90
18	Fried Crispy Pancake Roll	£1.20
19	Vegetarian Fried Crispy Pancake Roll (4)	£1.20
19 a	Spicy Chicken Wings with Salt & Pepper (6)	£2.80

Satay Special

20	Satay Chicken on Skewers (4)	£4.10
21	Satay Prawn on Skewers (4)	£4.80
22	Satay Beef on Skewers (4)	£3.70
23	'Oriental' Spicy Pork (4)	£3.60

Seafood Selection

24	Baked King Prawn in shell with tomato ketchup (Cantonese style)	£4.80
25	Baked King Prawn in shell with Salt & Pepper	£4.80
26	Butterfly King Prawn in Breadcrumbs	£4.60
27	Fried Crispy Prawn Balls in Batter (10)	£4.60
28	'Kung Pow' Prawn in Chilli Sauce (10)	£4.60
28 a	Szechuan King Prawn (Spicy)	£4.60

29	King Prawn in Peking Sauce	£4.60
30	King Prawn with Green Pepper in Black Bean Sauce	£4.60
31	King Prawn with Ginger & Spring Onion	£4.60
32	King Prawn with Cashew Nuts	£4.60
33	King Prawn with Almonds	£4.60
34	King Prawn with Chinese Straw Mushrooms & Bamboo Shoots	£4.60
34 a	King Prawn with Mixed Veg	£4.60
35	King Prawn with English Mushrooms	£4.60
36	King Prawn with Tomatoes	£4.60
37	King Prawn in Garlic Sauce	£4.60
38	Scallops with Ginger & Spring Onion	£5.30
39	Scallops with Black Bean Sauce	£5.30
40	King Prawn with Oyster Sauce	£4.60
41	Fried Squid with Salt & Pepper (Hot)	£4.00
42	Fried Squid with Green Pepper in Black Bean sauce	£4.00

Duck Selection

43	Crispy Aromatic Szechuan Duck: Entire duck cooked in a spicy marinade & fried until crispy. The wafer thin skin & meat to be rolled in wheaten pancakes with spring onion, julienned cucumber & hoi-sin sauce	
	Whole: £23.50 Half: £12.40 Quarter: £6.80	
44	Roast Duck Cantonese Style: Entire duck basted in soy sauce & honey, then inflated with air to make the skin crispy & tasty after barbecue	
	Whole: £15.40 Half: £8.40 Quarter: £4.70	
45	Sliced Duck with Peking Sauce	£4.40
46	Sliced Duck with Pineapple & Ginger	£4.40
47	Sliced Duck with Beanshoots & Spring Onion	£4.40
48	Sliced Duck with English Mushrooms	£4.40
48 a	Szechuan Duck (Spicy)	£4.40
49 a	Szechuan Chicken (Spicy)	£3.80
49 b	Salt & Pepper Chicken Wings (Spicy) 8pcs	£3.60
49 c	Salt & Pepper Chicken (Spicy) Dry	£4.00
49 d	Smoked Shredded Chicken (Dry)	£4.00

Poultry Selection

49	'Kung Pow' Chicken with Chilli	£3.80
50	Chicken with Peking Sauce	£3.80
51	Chicken with Cashewnuts	£3.80
52	Chicken with Almonds	£3.80



53	Chicken with Green Pepper in Black Bean Sauce	£3.80
53 a	Chicken with Cashewnuts in Yellow Bean Sauce	£3.80
54	Chicken with Chinese Straw Mushroom	£3.80
55	Chicken with English Mushroom	£3.80
56	Chicken with Pineapple	£3.80
57	Chicken with Tomatoes	£3.80
57 a	Chicken with Leek & Garlic	£3.90
57 b	Butterfly Chicken in breadcrumbs	£3.90
58	Roast Chicken Chinese Style with Beansprouts	£3.80
59	Sliced Chicken with Oyster Sauce	£3.80
60	Grilled Chicken with Lemon Sauce	£3.90
61	Grilled War Tip Chicken (Garlic Sauce)	£3.90
61 a	Chicken Mixed Vegetables	£3.80
61 b	Chicken with Ginger & Spring Onion	£3.80
61 c	Fried Shredded Chicken with Chilli	£3.80

ORIENTAL
CHEF

Beef Selection

62	Grilled Beef Fillet Cantonese Style with Onion Sauce & Onion	£5.60
63	Grilled Beef Fillet with Green Pepper in Black Bean sauce	£5.60
64	Grilled Beef Fillet with Ginger & Spring Onion	£5.60
65	Fried Shredded Beef with Chilli	£3.80
66	Sliced Beef with Green Pepper in Black Bean sauce	£3.80
66 a	Szechuan Beef (Spicy)	£3.80
67	Sliced Beef with Ginger & Spring Onion	£3.80
68	Sliced Beef with Oyster Sauce	£3.80
69	Sliced Beef with Cashew Nuts	£3.80
70	Sliced Beef with Chinese Straw Mushrooms & Bamboo Shoots	£3.80
71	Sliced Beef with English Mushroom	£3.80
72	Sliced Beef with Pineapple	£3.80
72 a	Sliced Beef with Leek & Garlic	£3.90
73	Sliced Beef with Tomatoes	£3.80

Lamb Selection

74	Fried Lamb Fillet with Leek & Garlic	£4.30
74 a	Fried Lamb Fillet with Black Bean sauce	£4.30
74 b	Fried Lamb Fillet with Ginger & Spring Onion	£4.30
74 c	Spicy Lamb Fillet with Salt & Pepper	£4.80



Pork Selection

75	Barbecued 'Cha-Shao' Pork (sliced)	£3.80
75 a	Braised Bean Curd with Roast Pork	£3.80
76	Grilled Pork Cantonese Style with Honey Sauce & Onion	£3.80
77	Salt & Pepper Pork (Dry Hot)	£3.80
77 a	Roast Pork with Mushroom	£3.80

Sweet & Sour Selection

78	Sweet & Sour King Prawn Balls (10)	£4.80
78 a	Sweet & Sour King Prawn (Hong Kong Style)	£4.70
79	Sweet & Sour Pork (Hong Kong Style)	£3.80
80	Sweet & Sour Chicken Balls (10)	£3.80
80 a	Sweet & Sour Chicken (Hong Kong Style)	£3.80
80 b	Sweet & Sour Mixed Vegetables	£2.80

Fu Yung Selection (Chinese Omelette)

81	Special Fu-Yung	£3.20
82	King Prawn Fu-Yung	£4.20
83	Shrimp Fu-Yung	£3.10
84	Shredded Chicken Fu-Yung	£3.10
85	Sliced Mushroom Fu-Yung	£2.90

Chop Suey Selection

86	Special Chop Suey	£3.20
87	King Prawn Chop Suey	£4.10
88	Shrimp Chop Suey	£3.20
89	Chicken Chop Suey	£3.20
90	Beef Chop Suey	£3.20

Malaysian Style Curry Selection

91	King Prawn Curry	£4.10
92	Chop Chicken Curry	£3.70
93	Beef Curry	£3.70
94	Mixed Vegetable Curry	£2.80
94 a	Special Curry	£4.40
94 b	Roast Pork Curry	£3.70





Rice Selection

(All Large Portions)

95	Oriental House Special with Fried Rice in gravy	£4.30
95 a	Mixed seafood with Fried Rice in gravy	£4.60
96	Special Fried Rice	£3.50
97	King Prawn Fried Rice	£4.00
97 a	King Prawn & Scallop Fried Rice	£4.60
98	Shrimp Fried Rice	£3.50
99	Minced Beef Fried Rice	£3.50
100	Shredded Chicken Fried Rice	£3.50
101	Shredded Duck Fried Rice	£3.80
101a	Shredded Pork Fried Rice	£3.50
101b	Roast Duck with Fried Rice in Gravy	£5.50
101c	Singapore Fried Rice ✓	£3.50

Chow Mein (Soft Noodles - Large Portions)

102	Oriental House Special with Fried Noodles in Gravy	£4.30
102 a	Mixed Seafood with Fried Noodles in Gravy	£4.60
103	Special Chow Mein	£3.50
104	King Prawn Chow Mein	£4.00
105	Shrimp Chow Mein	£3.50
106	Beef Chow Mein	£3.50
107	Shredded Chicken Chow Mein	£3.50
108	Special Chow Mi Singapore Style (Vermicelli Noodle Hot) Ⓢ	£3.60
108 a	Vegetarian Singapore Rice Noodles ✓ Ⓢ	£3.40
109	Special Chow Mi Cantonese Style (Vermicelli Noodle)	£3.60
109 a	Roast Pork Chow Mein in Gravy	£4.40
109 b	Shredded Pork Chow Mein	£3.50
109 c	Vegetarian Cantonese Style Rice Noodles ✓	£3.40

Vegetable Selection

110	Egg Fried Rice (Large Portion) ✓	£2.30
111	Boiled Rice (Small Portion) ✓	£1.80
112	Chow Mein (Soft Noodle - Large Portion) ✓	£2.50
113	Monk's Mixed Vegetables with Cashewnuts in Yellow Bean Sauce ✓ Ⓢ	£3.10
114	Mixed Vegetables ✓	£2.50
114 a	Spicy Salt & Pepper Bean Curd (Dry) ✓ Ⓢ	£3.30

114 b	Mixed Vegetables with Bean Curd ✓	£3.60
114 c	Bean Curd with Green Peppers in Black Bean Sauce ✓ Ⓢ	£3.60
115	Fried Mushrooms ✓	£2.50
116	Fried Bamboo Shoots	£2.10
117	Fried Beansprouts	£2.00
118	Sweet & Sour Sauce	£1.00
119	Curry Sauce	£1.00
119 a	Barbecue Sauce ✓	£1.00
120	Fritter with Syrup (Banana, Apple or Pineapple) ✓	£1.80
121	Prawn Crackers ✓	£1.00
122	Pineapple Fried Rice ✓	£2.70
122 a	Chips ✓	£1.20
123	Mixed Vegetables Fried Rice ✓	£3.00
124	Mixed Vegetables Chow Mein ✓	£3.00
124 a	Mushroom Fried Rice	£3.00

Thai Selection

125	Thai Chicken with Sweetened Chilli Sauce Ⓢ	£3.90
126	Thai Beef with Sweetened Chilli Sauce Ⓢ	£3.90
127	Thai Squid with Sweetened Chilli Sauce ✓ Ⓢ	£4.10
128	Thai King Prawn with Sweetened Chilli Sauce Ⓢ	£4.50
129	Fried Duck with Sweetened Chilli Sauce	£4.40
130	Thai Mixed Vegetable with Sweetened Chilli Sauce ✓ Ⓢ	£4.00
131	Thai Curry King Prawn Ⓢ	£4.50
132	Thai Curry Beef Ⓢ	£4.00
133	Thai Curry Chicken Ⓢ	£4.00
134	Thai Curry Lamb Ⓢ	£4.30
135	Thai Curry Mixed Vegetable Ⓢ	£4.00

Ho Fun Selection

146	House Special Ho Fun in Gravy	£4.90
147	Mixed Seafood Ho Fun in Gravy	£5.50
148	Beef Ho Fun in Blackbean Sauce	£4.50
149	Chicken Ho Fun in Blackbean Sauce	£4.20
150	Beef Ho Fun (Dry)	£4.20
151	Shredded Chicken Ho Fun (Dry)	£4.20
152	Mixed Vegetable Ho Fun in Gravy	£4.00

