

## Vegetable Side Dishes

All dishes cooked with fresh vegetable in special herbs & spices  
All the side dishes can be made as main dishes extra £1.00

Mixed Vegetable Curry .....	2.25
Mixed Dry Vegetable.....	2.25
Mushroom Bhajee .....	2.25
Cauliflower Bhajee .....	2.25
Chana Massala .....	2.25
Chick peas cooked in a spicy thick sauce	
Bombay Aloo .....	2.25
Spicy potatoes cooked in thick sauce	
Aloo Gobi Potatoes with cauliflower	2.25
Sag Aloo Spinach with potatoes....	2.25
Sag Chana Spinach with chick peas	2.25
Sag Bhajee dry spinach .....	2.25
Sag Ponir Spinach with cheese....	2.25
Motor Ponir Peas with cheese...	2.25
Tarka Dall Lentils fried with garlic..	2.25
Bhindi Bhajee Okra.....	2.25
Brinjal Bhajee Aubergine.....	2.25
Garlic Mushroom .....	2.25
Aloo Chana Potato and chick peas.	2.25
Aloo Peas Potato and peas .....	2.25
Vegetable Bahar with lentils....	2.25
Begun Bahar Aubergines, lentils.	2.25
Sag Bahar spinach and lentils ...	2.25
Mushroom Bhindi okra and mushrooms (New) .....	2.25
Vegetable Kurma .....	2.50
Vegetable Karahi .....	2.50

## Rice

Plain Rice .....	1.50
Basmati Pilau Rice .....	1.75
Onion Rice .....	2.25
Chicken Fried Rice .....	3.50
Special Pilau rice egg & peas...	2.25
Oriental Rice prawns & peas.....	2.75
Coconut Rice .....	2.25
Vegetable Fried Rice .....	2.25
Mushroom Fried Rice.....	2.25
Egg Fried Rice .....	2.25
Peas Pilau Rice.....	2.25
Garlic Rice (New) .....	2.25
Balti Rice (New).....	2.25
Lemon Rice (New).....	2.25
Curry Leaf Special Rice (New).....	3.75
Keema Rice .....	3.25

## Bread

Nan .....	1.50
Onion Nan .....	1.75
Garlic Nan .....	1.75
Cheese Nan .....	1.75
Vegetable Nan .....	1.75
Keema Nan minced meat.....	1.75
Peshwari Nan .....	1.75
Sweet, stuffed with almonds and coconut	
Balti Nan (New) .....	1.75
Chapati.....	0.80
Paratha .....	1.50
Stuffed Paratha vegetable .....	1.75
Egg Paratha.....	1.75
Tandoori Roti .....	1.50

WE CATER FOR ALL KIND OF PARTIES

## Set Dinner - A

Onion Bhajee
Sheek Kebab
Chicken Tikka Massala
Lamb Bhuna
Bombay Aloo
Vegetable Curry
2 Special Fried Rice
1 Nan & 2 Papadums
<b>£21.95</b>

## Set Dinner - B

Onion Bhajee
Vegetable Samosa
Vegetable Dupiaza
Chana Massala
Sag Aloo
Motor Ponir
2 Vegetable Fried Rice
1 Vegetable Nan
& 2 Papadums
<b>£16.95</b>

## Set Dinner - C

Mixed Tikka (st)
Chicken Tikka Massala
Aloo Gobi
Special Fried Rice
Nan & Papadum
<b>£12.95</b>

## Set Dinner - D

Aloo Chat
Vegetable Karahi
Sag Aloo
Mushroom Fried Rice
Nan & Papadum
<b>£9.95</b>

## Set Dinner - E

2 Chicken Tikka
1 Lamb Tikka
1 Sheek Kebab
1 Meat Kurma
1 Chicken Tikka Massala
1 Prawn Curry
2 Bombay Aloo
2 Vegetable Curry
2 Egg Rice
1 Vegetable Rice
2 Keema Nan
& 4 Papadums
<b>£39.95</b>

NO FURTHER DISCOUNT FOR SET MEALS OR DRINKS

## Sundries

Plain or Spicy Papadum.....	0.50
Chutney, Pickles, Onion Salad or Mint Sauce .....	0.50
Raitha onion or cucumber.....	1.50
Green Salad.....	1.50
Chips.....	1.00

## Ice Cream

Kulfi (rich Indian Ice cream).....	1.60
Almond, pistachio, mango or malai flavour	

## Soft Drinks

Cans .....	0.50
Coke, diet coke, tango & 7-up	
Bottles (1.5ltr) .....	1.50
Coke, diet coke, 7-up, lemonade	

www.chingfordlife.co.uk



# CURRY LEAF



Indian Cuisine  
Take Away

**FREE HOME DELIVERY**

on orders over £10.00  
Otherwise £2.00 delivery charge

**Free 1.5ltr Bottle of Soft Drink**

on order over £20.00. Delivery Only



020 **8529 9966**  
**8529 3272**



## OPENING HOURS:

Sunday to Thursday  
5.00pm to 11.00pm

Friday and Saturday  
5.00pm to 11.30pm

## OPEN 7 DAYS

Including Bank Holidays

**289 HALL LANE  
LONDON E4**



We accept all major credit cards.  
Cheques accepted with bankers card:

The management reserves the right to refuse service without giving any reason.

## Starters

Kebab Roll .....	4.00
Chicken Tikka Roll .....	4.00
Chicken Chat Puree (New) .....	2.95
Prawn Cocktail .....	2.25
Prawn with salad & cocktail sauce	
Onion Bhajee (four in a portion) .....	1.90
Samosa .....	1.90
Meat or vegetable, two in a portion	
Aloo Chat .....	2.50
Chicken Chat .....	2.50
Tandoori Chicken .....	2.50
1/4 piece of chicken marinated in yogurt with herbs & spices and grilled in tandoori clay oven	
Chicken or Lamb Tikka .....	2.50
Pieces of chicken or lamb marinated in yogurt with herbs and spices and grilled in tandoori clay oven	
Sheek Kebab .....	2.50
Minced lamb spiced and grilled in a tandoori clay oven, two in a portion with salad	
Mix Platters (New) .....	2.75
Meat samosa, vegetable samosa and onion bhaji	
Shamee Kebab .....	2.50
Finely minced lamb garnished, spiced & fried in ghee. Two in a portion	
Prawn Puree .....	2.75
Prawn in spicy thick sauce in a puree bread	
King Prawn Puree .....	3.50
King Prawn Butterfly .....	3.50
King prawn fried in butter with coated breadcrumb	
Chicken Pakora .....	2.50
Tandoori King Prawn .....	3.95
Pepper Prawn (New) .....	2.75
Lightly spiced prawns wrapped in pastry and deep fried	

## Tandoori Specialities

Main dishes served with salad and mint sauce

Chicken or Lamb Tikka .....	4.95
Sheek Kebab .....	4.95
Tandoori Chicken .....	half 4.50
.....whole 8.95	
Tandoori King Prawn	
Shashlik .....	8.50
Chicken or Lamb Shashlik .....	5.95
Pieces of chicken or lamb marinated in special sauce & barbecued in tandoori with tomatoes, capsicum & onions	
Tandoori Mixed Grill .....	7.95
Consists of tandoori chicken, lamb tikka, chicken tikka, sheek kebab & nan	

## Biryani Dishes

All the Biryani cooked with special fried rice, garnished with cucumber & tomatoes and served with vegetable curry

Chicken or Lamb Biryani .....	5.50
Chicken or Lamb Tikka Biryani .....	5.95
Prawn Biryani .....	5.75
King Prawn Biryani .....	6.95
Curry Leaf Special Mixed Biryani .....	6.75
Vegetable Biryani .....	4.95
Mixed Tikka Biryani .....	6.50

## Karahi

Chicken or Lamb Tikka Karahi .....	5.95
Barbecued pieces of chicken or lamb cooked in spices with green pepper and onion	
Prawn Karahi .....	5.50
Medium hot cooked in spices with green pepper and onion	
King Prawn Karahi .....	7.50
Spices with green pepper and onion	
Mix Tikka Karahi .....	6.50

## Curry Leaf Specialities

Kochi Chicken or Lamb .....	5.95
Marinated chicken or lamb small pieces slices cooked in medium spicy sauce with slices of green pepper and onions	
Chicken or Lamb Hasina .....	6.50
Boneless tender pieces of chicken or lamb with delicious medium sauce topping grilled tomatoes, green pepper and onions	
Sali Chicken or Lamb .....	6.50
Marinated with various spices cooked in medium hot topping fried potato, green pepper and onions	
Garlic Chicken or Lamb .....	4.95
Garlic Chicken or Lamb Tikka .....	£5.95
Garlic Prawn .....	£5.50
Garlic King Prawn .....	£6.95
Garlic Chilli Chicken or Lamb Massala .....	6.50
Boneless tender chicken or lamb, fairly hot cooked in spices with garlic and green chilli	
Bombay Chicken .....	5.95
Cooked with tomato, potato and egg	
Butter Chicken or Lamb .....	5.75
Mildly spiced chicken or lamb pieces baked in a clay oven and cooked in almond powder, coconut powder, fresh cream and butter	
Makhani Chicken or Lamb .....	5.75
Mildly spiced chicken or lamb pieces baked in a clay oven and cooked in almond powder, fresh cream and makhani topping	
Chicken or Lamb Passanda .....	5.75
Marinated slices of chicken or lamb cooked in fresh cream, yoghurt, ground almond	
Chicken or Lamb Mogulshahi (New) .....	5.75
Diced chicken or lamb cooked in a special sauce made from mango, lychees, pineapple, fresh herbs, cream and almonds, very mild	
Sagorana (New) .....	6.75
Cubes of tikka chicken & lamb marinated in special fresh herbs, spicy medium thick sauce mince balls, egg, tomato, potato, onions, green pepper, fresh mint and coriander	

## Jalfrezi Dishes

Chicken or Lamb Jalfrezi .....	4.95
Barbecued pieces of chicken or lamb fairly hot cooked in exotic spices with green chillies, green pepper and onion	
Chicken or Lamb Tikka Jalfrezi .....	5.95
Barbecued pieces of chicken or lamb cooked as above	
Prawn Jalfrezi .....	5.75
Fairly hot cooked spices with green chillies, green pepper and onion	
King Prawn Jalfrezi .....	7.50
Fairly hot cooked spices with green chillies, green pepper and onion	
Mix Tikka Jalfrezi (New) .....	6.50
Curry Leaf Special Jalfrezi (New) .....	7.75

## Massala Dishes

Chicken or Lamb Tikka Massala .....	5.75
Barbecued pieces of chicken or lamb cooked with special creamy sauce and decorated with flake almond and fresh cream	
Tandoori Chicken Massala .....	5.95
Off the bone grilled in tandoori clay oven cooked with special red creamy sauce decorated with flake almond and fresh cream	
Tandoori King Prawn Massala .....	8.95
Mildly spiced king prawn bake in clay oven and cooked in almond powder, coconut powder and special cream	
Murghi Massala .....	£6.50
Fairly spicy cooked with boneless tandoori chicken, mince meat and egg	

## Miscellaneous Dishes

Sag Gosht or Chicken .....	4.75
Sag Prawn .....	5.25
Medium hot	
Sag King Prawn .....	6.75
Medium hot	
Keema Peas or Potato .....	4.50
Medium hot	
Chicken or Lamb Mushroom Curry .....	4.50

## Curry Leaf Special Balti Dishes

SERVED WITH A NAN  
Medium hot cooked with spices and herbs, garlic, ginger, onion, green pepper and special balti sauce

Balti Chicken or Lamb .....	6.50
Balti Chicken or Lamb Tikka .....	7.50
Balti King Prawn .....	7.75
Balti Tandoori King Prawn .....	8.95
Balti Vegetable Special .....	5.95
Balti Kochi Chilli Chicken or Lamb .....	7.50
Marinated chicken or lamb small pieces, fairly hot spices with slices green pepper and onion	
Balti Murghi Massala .....	7.50
Boneless tandoori chicken cooked in spices, mince meat and egg	
Curry Leaf Mixed Balti .....	8.50
Consist of tandoori chicken, lamb tikka, chicken tikka with green pepper, onion and special balti spices	
Curry Leaf Special Mixed Balti Jalfrezi (New) .....	8.75
Balti Garlic Chicken or Lamb Tikka (New) .....	7.50
Balti Karahi Chicken or Lamb Tikka (New) .....	7.50
Balti Chicken or Lamb Hasina (New) .....	7.75
Balti Mixed Tikka (New) .....	7.50

## Bhuna

All bhuna dishes are medium hot, spicy with thick sauce

Chicken Bhuna .....	4.50
Lamb Bhuna .....	4.50
Prawn Bhuna .....	4.95
King Prawn Bhuna .....	6.95
Chicken Tikka Bhuna .....	5.50
Lamb Tikka Bhuna .....	5.50

## Dupiaza

All dupiaza dishes are medium hot, cooked with semi fried onions

Chicken Dupiaza .....	4.75
Lamb Dupiaza .....	4.75
Prawn Dupiaza .....	5.50
King Prawn Dupiaza .....	6.95
Chicken Tikka Dupiaza .....	5.75
Lamb Tikka Dupiaza .....	5.75

## Josh

All josh dishes are medium hot & spicy, cooked with green herbs, tomatoes, capsicum & a touch of garlic.

Chicken Josh .....	4.75
Lamb Josh .....	4.75
Prawn Josh .....	5.50
King Prawn Josh .....	6.95
Chicken Tikka Josh .....	5.75
Lamb Tikka Josh .....	5.75

## Kurma

Very mild dish cooked with fresh cream, ground almonds & coconut

Chicken or Lamb Kurma .....	4.50
Prawn Kurma .....	5.50
King Prawn Kurma .....	6.95
Chicken Tikka Kurma .....	5.50
Lamb Tikka Kurma .....	5.50

## Malaya

All Malaya dishes are mild & lightly spiced, cooked with pineapple in creamy sauce

Chicken or Lamb Malaya .....	4.75
Prawn Malaya .....	5.50
King Prawn Malaya .....	6.95
Chicken Tikka Malaya .....	5.75
Lamb Tikka Malaya .....	5.75

## Curry

Medium hot, lightly spiced with sauce

Chicken or Lamb Curry .....	3.75
Prawn Curry .....	4.25
King Prawn Curry .....	5.95
Chicken Tikka Curry .....	5.50
Lamb Tikka Curry .....	5.50

## Madras

Fairly hot with sauce

Chicken or Lamb Madras .....	3.95
Prawn Madras .....	4.50
King Prawn Madras .....	6.50
Chicken Tikka Madras .....	5.75
Lamb Tikka Madras .....	5.75

## Vindaloo

All vindaloo are very hot with sauce & potatoes

Chicken or Lamb Vindaloo .....	4.25
Prawn Vindaloo .....	4.75
King Prawn Vindaloo .....	6.75
Chicken Tikka Vindaloo .....	5.75
Lamb Tikka Vindaloo .....	5.75

## Ceylon

All ceylon dishes are fairly hot cooked with coconut powder in thick sauce

Chicken or Lamb Ceylon .....	4.50
Prawn Ceylon .....	4.75
King Prawn Ceylon .....	6.75
Chicken Tikka Ceylon .....	5.75
Lamb Tikka Ceylon .....	5.75

## Dansak

All Dansak dishes are hot sweet & sour, cooked with lentils

Chicken or Lamb Dansak .....	4.75
Prawn Dansak .....	4.95
King Prawn Dansak .....	6.75
Chicken Tikka Dansak .....	5.75
Lamb Tikka Dansak .....	5.75

## Pathia

All Pathia dishes are hot, sweet & sour

Chicken or Lamb Pathia .....	4.50
Prawn Pathia .....	4.75
King Prawn Pathia .....	6.75
Chicken Tikka Pathia .....	5.75
Lamb Tikka Pathia .....	5.75

## Kashmir

All Kashmir dishes are mild & creamy, cooked with lychees

Chicken or Lamb Kashmir .....	4.75
Prawn Kashmir .....	5.50
King Prawn Kashmir .....	6.95
Chicken Tikka Kashmir .....	5.75
Lamb Tikka Kashmir .....	5.75