



**Chong's**  
Restaurant

www.chingfordlife.co.uk

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Restaurant

Still the best Chinese cuisine for miles, and still the best value!

*The local favourite for Chinese cuisine for more than ten years.*

## Special Lunch Menu

Only **£5.00** per person

Monday to Saturday **12noon - 2.15pm**

## Sunday Special Emperor Lunch Menu

Order & eat as much as you like  
Choose from 60 dishes

Adult £9.50 • Children under 10 £5.00  
For 2 or more people

FREE Dairy Ice Cream

From noon til 4.00pm

For reservations please telephone: 020 8529 3988

Peking, Szechuan and  
Cantonese Specialities



A local favourite for  
over ten years



An adventure in  
Chinese Cuisine



## Emperor's Menu

Our Emperor's Menu offers great value for money

**Order and eat as much as you like!**

Choose from over 100 dishes available every day (incl. Bank Holidays)

only **£16.50** per person

It's also a great place for parties, hen/stag nights and birthday celebrations, with friendly staff and speedy service all year round!



Takeaway service available  
with **FREE** delivery

WITHIN 2 MILES

**020 8529 3988**

**020 8529 1424**

For reservations please telephone 020 8529 3988



## Starters

2	Mixed Hors-D'oeuvres Combination of Chef's selection of starters (minimum for 2 or more, price per person)	£4.50
3	Crispy Seaweed	£3.20
4	Sweet & Sour Wanton	£2.50
5	Grilled Dumplings (5)	£3.50
6	Crispy Spring Rolls	£2.50
6a	Curry Triangle	£2.50
7	Peking Style Ribs	£4.00
8	Ribs with Garlic & Chilli	£4.00
9	Satay Chicken	£4.00
10	Sesame Chicken	£4.00
11	Satay King Prawns	£4.50
12	Garlic & Butter King Prawns	£4.50
13	Hot Poached King Prawns	£4.50
14	Breaded King Prawns	£4.50
15	Deep Fried Squid	£4.50
16	Garlic & Chilli Squid	£4.50
17	Garlic & Chilli Chicken Wing (5)	£3.00
18	Stuffed Crab Claws	£4.50
19	Mussels in Black Bean Sauce	£4.50
20	Bang-Bang Chicken	£4.00
21	Smoked Shredded Chicken	£4.00
22	Garlic & Chilli Pork Chop	£4.50
23	Mandarin Pork Chop	£4.50
24	Sesame Prawn Toast	£4.50

## Soup

25	Chicken & Sweetcorn Soup	£2.50
26	Crab & Sweetcorn Soup	£3.00
27	Hot & Sour Soup	£2.50
28	Wonton Soup	£2.50
29	Vegetable Soup	£2.50
30	Mixed Meat Soup	£2.50
31	Mixed Seafood Soup	£3.00

## Lamb

32	Lamb with Ginger & Spring Onions	£4.50
33	Satay Lamb	£4.50
34	Mongolian Lamb served with lettuce & sweet chilli	£4.50

## Duck

35	Crispy Aromatic Duck quarter	£6.50
36	served with pancakes plum sauce & trimmings half	£12.00
37	whole	£21.00
38	Duck with Pineapple & Onions	£5.50
39	Duck with Lemon Sauce	£5.50
40	Duck with Orange Sauce	£5.50
41	Duck with Pickled Ginger	£5.50
42	Duck with Beansprouts	£5.50
43	Roast Duck	£5.50
44	Duck in Black Bean Sauce	£5.50
45	Duck with Ginger & Spring Onions	£5.50

## Chicken

46	Sweet & Sour Chicken	£4.20
47	Chicken in Black Bean Sauce	£4.20
48	Chicken with Cashew Nuts	£4.20
49	Chicken in Lemon Sauce	£4.20
50	Chicken in Orange Sauce	£4.20
51	Chicken with Pineapple & Onions	£4.20
52	Ocean Flavoured Chicken (spicy)	£4.20
53	'Kung Po' Chicken (sweet & chilli)	£4.20
54	Spicy Chicken with Peppers	£4.20
55	Chicken with Ginger & Spring Onions	£4.20
56	Peking Style Chicken	£4.20
56a	Chicken with Mushroom	£4.20
56b	Szechuan Style Chicken	£4.20

## Pork

57	Sweet & Sour Pork	£4.20
58	Szechuan Style Pork	£4.20
59	Pork in Black Bean Sauce	£4.20

## Beef

60	Beef with Black Bean Sauce	£4.20
61	Crispy Shredded Beef	£4.20
62	Szechuan Beef	£4.20
63	Beef with Ginger & Spring Onions	£4.20
64	Beef with Mushrooms	£4.20
65	Beef with Mangetout	£4.20
66	Fillet steak in Black Pepper	£6.50
67	Fillet Steak Mandarin (sweet & tangy)	£6.50

## Seafood

68	Sweet & Sour King Prawns	£5.00
69	Prawns with Black Bean Sauce	£5.00
70	King Prawn Balls (8)	£5.00
71	King Prawns Szechuan Style (chilli)	£5.00
72	King Prawns with Cashew Nuts	£5.00
73	King Prawns with Pineapple & Onions	£5.00
74	'Kung Po' King Prawns Sweet & Chilli	£5.00
75	King Prawns with Seasonal Vegetables	£5.00
76	King Prawns Steamed with Garlic	£5.00
77	King Prawns with Garlic & Chilli (dry)	£5.00
78	King Prawns with Ginger & Spring Onions	£5.00
79	King Prawns Peking Style	£5.00
80	Fish Fillets Sweet & Sour	£5.50
81	Fish Fillets Peking Style	£5.50
82	Fish Fillets in Chinese Wine	£5.50
83	Scallops with Cashew Nuts	£6.00
84	Scallops with Bamboo Shoots	£6.00
85	Scallops Deep Fried	£6.00
86	Scallops Szechuan Style	£6.00
87	Squid with Bamboo Shoots	£5.00
88	Squid in Black Bean Sauce	£5.00
89	Mixed Seafood with Ginger & Onions	£6.00

## Curries

90	Special Curry	£5.00
91	King Prawn Curry	£5.00
92	Chicken Curry	£4.50
93	Beef Curry	£4.50
94	Roast Pork Curry	£4.50
95	Shrimp Curry	£4.50
96	Vegetable Curry	£4.50

## Vegetables

97	Mixed Vegetables	£3.50
98	Seasonal Vegetables	£3.50
99	Monk's Vegetables	£3.50
100	Bamboo Shoots & Mushrooms	£3.50
101	Stir Fried Beansprouts	£3.50
102	Beancurd with Spicy Sauce	£3.50

## Rice

103	Boiled Rice	£1.80
104	Egg Fried Rice	£2.00
105	Chicken Fried Rice	£3.00
106	Roast Pork Fried Rice	£3.00
107	King Prawn Fried Rice	£3.80
108	Shrimp Fried Rice	£3.00
109	Special Fried Rice	£3.50

## Noodles

110	Noodles with Beansprouts	£2.50
110a	Noodles without Beansprouts	£2.50
111	Noodles with Chicken	£3.20
112	Noodles with Beef	£3.20
113	Noodles with Roast Pork	£3.20
114	Noodles with Shrimps	£3.20
115	Noodles with King Prawns	£3.80
116	Chong's House Noodles	£4.20
117	Singapore Rice Noodles	£3.80
117a	Special Fried Noodles	£3.50
117b	Singapore Shrimp Rice Noodles	£3.50
117c	Singapore Vegetarian Rice Noodles	£3.50

## Extras

Soft Drinks (Cans)	£0.60
Sauces (Sweet & Sour, Curry, Satay & Duck)	£1.20
Duck Pancakes (6)	£1.80
Prawn Crackers	£1.00

## Chong's Take Away Selection

Free delivery service available for order over:

£12 or more (Sunday-Thursday)

£15 or more (Friday & Saturday)

within 2 miles between 6pm-10pm

Other times subject to availability

Cash only for deliveries

All credit and debit cards accepted for collection